# NROC63 BEHAVIOURAL NEUROSCIENCE LABORATORY UNIVERSITY OF TORONTO SCARBOROUGH WINTER 2025

**Instructor**: Dr Rutsuko Ito

**Teaching Assistants:** Jeffrey Kates & Ross Stewart

#### Lectures: Thursday 12pm-2pm, SW316 Office hour : Fridays 12-1pm, SW627 Communication:

<u>Quercus</u>: For all class content, including announcements, lectures, video recordings, etc. <u>E-mail</u>: Please use <u>nroc63rats@gmail.com</u> for non-content related queries, including submission of late term work documents.

<u>Slack channel</u>: For class discussion. The system is highly catered to getting you help fast and efficiently from classmates, the TAs, and myself. You will receive an invitation to join the slack channel in the first week of term.

# COURSE OVERVIEW

The Neuroscience laboratory course is an experiential, discussion based upper-level course for the Behavioural Neuroscience stream in our Neuroscience specialist program, designed to teach research techniques that are commonly used in behavioural/systems neuroscience to students who will go on to post-graduate study in a neuroscience related field. The students will learn about widely used behavioural techniques ranging from operant boxes (reward conditioning) to mazes (e.g., elevated plus maze), as well as brain manipulation and histological procedures. Students will also acquire skills in the areas of research design, data analysis, literature review, critical thinking and research writing.

# **COURSE INSTRUCTOR**

Dr Ito is a Professor in the Department of Psychology at UTSC. She obtained her PhD in Behavioural Neuroscience from the University of Cambridge, UK, and conducted postdoctoral research at the University of Oxford prior to her appointment at U of T. She has over 20 years' research experience in the field of behavioural neuroscience, and her research interests include the investigation of the neural circuit basis of motivated behaviour and decision-making under the control of salient cues in the environment in the healthy and diseased brain (e.g., addiction, anxiety). Outside of work, Dr Ito enjoys spending time with family, travelling, eating, swimming, playing the piano and hiking.

## COURSE PRE- AND CO-REQUISITES

## Prerequisite:

BIOB10H3 and NROB60H3 and NROB61H3 and PSYB55H3 and PSYB70H3 and [PSYB07H3 or STAB22H3]

# **Corequisite:**

The content of this course will be heavily based on the theoretical constructs covered in <u>NROC61H3</u> Learning and Motivation

The completion of <u>PSYC08H3</u> Advanced Data Analysis in Psychology would be advantageous in understanding the course material.

# **COURSE OBJECTIVES**

By the end of the course:

- You will demonstrate competency in administering a number of commonly used hands-on behavioural techniques (e.g., pavlovian and instrumental conditioning, elevated plus maze)
- You will have working knowledge of relevant research literature and ethical issues in the use of animal models
- You will have working knowledge of how a research project in behavioural neuroscience is designed and conducted rigorously.
- You will have advanced knowledge of research methods, behavioural and protein detection techniques in neuroscience
- You will have learned tools for data analysis and data presentation
- You will have practiced writing a complete scientific manuscript

# **TENTATIVE\* COURSE OUTLINE**

\* Timeline of lab work is subject to change due to unforeseen factors that may arise during live animal experiments.

Date	Lecture	Lab Assignments		
Jan	Course	✓Watch, and complete animal ethics rat handling training online (2.5%)		
9	Introduction	Complete by 16 <sup>th</sup> Jan 11.59pm		
		Conduct literature search and submit a report of two papers that		
Jan	Principles of	suc	successfully induced paylovian to instrumental transfer (10%).	
16	Experimental		Due 22 <sup>nd</sup> Jan 11.59pm	
	Design	<b>Read</b> 'Considerations for Experimental Design of Behavioral Studies Using		
			Model Organisms'. I Neurosci 39:1-2.	
Jan	From theory to	Vivarium Orientation		
23	practice:	and handling training		
	Designing	(20th-24 <sup>th</sup> Jan)		
	Experiment 1		<b>Gread</b> (ALIP 20013061	
			- Kau 101 20010001	
Jan	<b>Research methods</b>	Instrumental training		
30	in behavioural	Week 1		
	neuroscience &	(27 <sup>th</sup> -31 <sup>st</sup> Jan)	Read 'Behavioural Neuroscience Research Tools'	
	<b>Testing Anxiety</b>			
Feb	Review of Results/			
6	Writing the	Moole 2		
	Introduction and	(2.7th Ech)		
	Methods	(3-7 1.60)		
Feb	In class Quiz	Pavlovian training		
13	·	(10-14 <sup>th</sup> Feb)		
Feb	Reading Week	PIT Test		
20	Reading Week	To be run by TAs only		
			Fintroduction & Mothods (150/)	
			- Introduction & Methods (15%)	
			Due 24th repruary 11.59pm	

Feb	Anxiety Test Demo		
27	during class		
Mar	Results/Data	Anxiety Tests	
6	presentation/	(3-5 <sup>th</sup> Mar)	
	Statistics		
	Use of softwares		
	SPSS & Graphpad		
	Prism		
Mar	<b>Results/Statistics</b>		Results & Figures (15%)
13	continued		Due 17th March 11.59pm
Mar	Writing the		
20	Discussion		
Mar	<b>Class presentations</b>		
27	– research		
	proposal on follow		
	up experiment	Group	
Apr	<b>Class presentations</b>	Presentations	
3	– research	(10%)	
	proposal on follow		
	up experiment		🗳 Final paper (15%)
			Due 4th April 11.59pm

#### **Resources:**

**Quercus:** This course uses the University's learning management system, Quercus, to post information about the course. This includes posting readings and other materials required to complete class activities and course assignments, as well as sharing important announcements and updates. The site is dynamic and new information and resources will be posted regularly as we move through the term, so please make it a habit to log in to the site on a regular, even daily, basis. To access the course website, go to the U of T Quercus log-in page at <a href="https://q.utoronto.ca">https://q.utoronto.ca</a>. Once you have logged in to Quercus using your UTORid and password, you should see the link or "card" for Behavioural Neuroscience Laboratory NROC63H3. You may need to scroll through other cards to find this. Click on the Behavioural Neuroscience Laboratory NROC63H3 link to open our course area, view the latest announcements and access your course resources. There are Quercus help guides that you can access by clicking on the "?" icon in the left side column.

SPECIAL NOTE ABOUT GRADES POSTED ONLINE: Please also note that any grades posted are for your information only, so you can view and track your progress through the course. No grades are considered official, including any posted in Quercus at any point in the term, until they have been formally approved and posted on ACORN at the end of the course. Please contact me as soon as possible if you think there is an error in any grade posted on Quercus.

#### Group work:

You will be working in automatically assigned groups during this course, which is designed to enhance your learning experience:

## **EVALUATION**

There are no in-person exams for this course. Instead, grading will be based on the following categories of assignments.

## 1. Research Paper (45% +10% lit search)

Your final paper should be written according to the specific guidelines of the Journal of Neuroscience: <u>https://www.jneurosci.org/content/information-authors#preparing\_a\_manuscript</u>

Some brief guidelines are provided below, but you must read the detailed guidelines online. All assignments must be submitted to **the appropriate assignment folders in Quercus by 11.59pm on the specified dates.** 

To make paper writing more of a training process than one big assignment that has to be handed in at the end, the paper writing will be broken down into the following components. You will be provided with feedback on your assignments, *which you are expected to use to improve your writing for the final paper.* Please note that due to the tight submission timeline of various components of the paper, a late submission of assignments will lead to a delay in getting your feedback or no feedback at all.

## Literature search (10%) - due Jan 22

You will conduct a literature search, and **find two papers in which rats** underwent pavlovian to instrumental transfer, and provide a report of the task design and parameters used, as well as the findings of the paper (including details of neural substrates explored, if applicable). You will be provided with a guided document entitled 'Literature Search and Experiment Preparation' that you will need to fill out for this assignment, and you are to upload this document on Quercus, and email the Title and pubmed ID number of your chosen papers to the course email address (<u>nroc63rats@gmail.com</u>) by the deadline (**22nd Jan**). Late work cannot be accepted for this document (*i.e., you will earn 0% if no work is handed in*) as the outcome of your search will be the basis of our discussion in class on the 23<sup>rd</sup>.

## Introduction and Materials and Methods (15%) - due Feb 24

The Introduction should be a maximum of **650 words** in length. A lengthy review of the topic is discouraged, and the introduction must contain a **clear**, **concise and relevant background** of the research and a **rationale** for the study.

The Methods section must contain a description of the materials and experimental procedures.

## Results and Figures (15%) - due Mar 17

You will run statistical analyses of the data collected in the operant boxes, and write up the Results section and provide appropriate Figures of all the data collected (you do not need to include the anxiety test data).

## Final Paper (15%) - due Apr 4

The final paper should contain the following sections:

# Title Page (NB this is slightly different from the requirements of J Neuroscience:

- Title (50-word maximum)
- Abbreviated title (50-character maximum)
- Author name *just your name*
- ✤ Number of pages
- Number of figures, tables, multimedia, and 3D models (separately)
- Number of words for abstract, introduction, and discussion (separately)

**Abstract**: should clearly state the background, rationale, brief procedures and results of the paper, and should not exceed 250 words. **Introduction**: as above

**Materials and Methods**: as above and '*EXPERIMENTAL DESIGN AND STATISTICAL ANALYSES*' section as per the guidelines online.

**Results**: This section should report statistical analyses of **all the data** collected.

**Discussion (max 1000 words)**: This section should have a concise, brief discussion of the data in the context of extant literature. There should be a concluding paragraph highlighting the main conclusions, limitations of the study, as well as referring to future direction of research. **References**: List the references you cite in the text in alphabetical order (by the first authors' surnames).

**Figure Legends**: This section must provide a brief description of the figures in the order they are referred to in the text. For specific formatting requirements, refer to the published guidelines from the Journal of Neuroscience

**Figures**: The figures should appear at the end of the paper, in sequential order.

## PLAGIARISM DETECTION TOOL

Normally, students will be required to submit their course essays to the University's plagiarism detection tool for a review of textual similarity and detection of possible plagiarism. In doing so, students will allow their essays to be included as source documents in the tool's reference database, where they will be used solely for the purpose of detecting plagiarism. The terms that apply to the University's use of this tool are described on the Centre for Teaching Support & Innovation website (https://uoft.me/pdt-faq).

#### 2. Lab Performance (22.5%)

<u>Online Rat module and Animal handling training (2</u>.5%): to be completed by Jan 16 The completion of the online rat module and the animal handling training, and understanding of the animal used protocol is a mandatory requirement for proceeding with this course.

You will *spend time outside of the scheduled 2hr lecture time* to conduct the **lab component** of the course, which will consist of taking turns to **help in the behavioural testing of rats learning to acquire pavlovian and operant learning as detailed in the Lab Manual.** Attendance of lab demonstrations is mandatory, as you will receive important instructions and training in administering the behavoiural tests. Following training, you will be rostered to conduct ~2 testing sessions per week for a period of 3 weeks (in operant testing), and 1 lab session on 1 week (for anxiety tests).

## 3. In class quiz (10%) - Feb 13

You will complete an open book quiz, in which you will demonstrate your understanding of the AUP, experimental design, and data interpretation.

## 4. Group presentation (10%) – Mar 27 & Apr 3

You will prepare a group presentation (15min + 5 min question time) in your group of 4, in which you will **outline a research proposal of a follow up experiment**, in order to address any deficiencies of the experiments conducted in this class. Your research proposal should be novel and plausible, and designed according to the principles of good experimental design that you have learned in the course. A brief guideline will be provided on Quercus.

## 5. Class attendance and discussion participation (2.5%)

Attendance of lectures is mandatory, as important information pertaining to the assignments/experiments will be discussed in each of these classes (1.25%). Great science is birthed and cultivated in a highly interactive and collaborative environment, where ideas are shared and discussed. You are encouraged to participate in these in-class discussions as much as possible, and will be graded for the quality of your individual contributions (1.25%).

# 6. COURSE POLICIES

#### Late Assignments

All late assignments will be accepted with a **penalty of 5% per day**, up until the third day after the assignment is due in. All assignments are due by 11.59pm (midnight) on the due date.

#### **Contesting a grade**

All requests for a re-grade must be submitted **in writing** within one week of the day the grade is received. Only requests that include adequate written justification of an error in the original grading will be considered. A legitimate request will result in the entire exam or assignment being re-graded. Your overall grade may be raised, lowered, or it may stay the same. If there has been an error in our arithmetic, please let us know and we will immediately recalculate your grade (no written request necessary). **Arbitrary requests for grade increases will not be entertained (e.g., "I need to get into med school, so could you please give me a higher grade?")**.

#### Video and Audio Recording

For reasons of privacy as well as protection of copyright, unauthorized video or audio recording in classrooms is prohibited. This is outlined in the Provost's guidelines on *Appropriate Use of Information and Communication Technology*. Note, however, that these guidelines include the provision that students may obtain consent to record lectures and, "in the case of private use by students with disabilities, the instructor's consent must not be unreasonably withheld."

#### **Copyright of lecture material**

As protection of copyright, unauthorized copying, use, or uploading on www of any of the lecture slides, lab manuals and protocols produced by Professor Ito is strictly prohibited.

#### **University's Plagiarism Detection Tool**

Normally, students will be required to submit their course essays to the University's plagiarism detection tool for a review of textual similarity and detection of possible plagiarism. In doing so, students will allow their essays to be included as source documents in the tool's reference database, where they will be used solely for the purpose of detecting plagiarism. The terms that apply to the University's use of this tool are described on the Centre for Teaching Support & Innovation web site (https://uoft.me/pdt-faq).

## **Generative Artificial Intelligence (AI) Tools**

Students may not, under any circumstance, submit any writing (copied or paraphrased) generated by an AI-based tool as their own for the purpose of completing assignments in this course. If you include material generated by an AI-based tool, it will be treated as plagiarism.

## **Department of Psychology Missed Term Work Policy**

For missed term work (assignments and term tests) due to illness, emergency, or other mitigating circumstances, please follow the procedure outlined below.

## Procedure:

- 1. Complete the <u>Request for Missed Term Work Accommodations Form</u> ("MTW Form").
- 2. Email **<u>BOTH</u>** your MTW Form and Supporting Documentation to **nroc63rats@gmail.com** according to the instructions specified below.

## Supporting Documentation Requirements and Deadlines:

Reason for Missed Work	Documentation required for a <i>first</i> absence in the term	Documentation required for <u>subsequent absences</u> in the term	Deadline for submitting MTW form and supporting documentation
Illness or Injury	ACORN Absence Declaration	UofT Verification of Illness Form	WITHIN 2 BUSINESS DAYS of the missed work
Bereavement	ACORN Absence Declaration	A death certificate or funeral announcement	WITHIN 2 BUSINESS DAYS of the missed work
University-sponsored athletic or artistic obligation at the varsity/provincial/national level	ACORN Absence Declaration	A note from a university staff member (advisor, coach, residence staff, etc.) who can substantiate the obligation, sent directly to the course email	10 BUSINESS DAYS IN ADVANCE of the missed deadline
Disability-related reasons for students registered with AccessAbility Services	<ul> <li>For missed <i>TERM TESTS</i>,</li> <li>Contact your AccessAbility consultant and have them write to the course email detailing the accommodations needed.</li> <li>For missed <i>ASSIGNMENTS</i>,</li> <li>If your desired accommodation is within the scope of your Accommodation Letter (e.g. your letter includes "extensions of up to 7 days" and you need 3 days), send your Accommodation Letter to the course email and specify how many days extension you are requesting.</li> <li>If your desired accommodation is outside the scope of your Accommodation Letter (e.g. your letter includes "extensions of up to 7 days" extension you are requesting.</li> <li>If your desired accommodation is outside the scope of your Accommodation Letter (e.g. your letter includes "extensions of up to 7 days" but you need more time than that), contact your AccessAbility consultant and have them write to the course email detailing the accommodations needed.</li> </ul>		PREFERABLY IN ADVANCE OF THE MISSED WORK, OR AS SOON AS POSSIBLE
Academic Conflict (e.g. two midterms at the same time) Religious Conflict	Screenshot from Quercus demonstrating the conflict.		10 BUSINESS DAYS IN ADVANCE of the missed work

## Notes:

- The following reasons are not considered sufficient for missed term work: social activities, recreational travel, technological issues, avoidance of assessments or deadlines, work commitments
- <u>Missed Final Exams</u> are handled by the Registrar's Office and should be declared on eService.

- For ACORN absence declarations, the date you declare the absence is required to fall within the seven-day declaration period (i.e.) the absence cannot be submitted proactively or retroactively.
- Instructors cannot accept term work any later than five business days after the last day of class. Beyond this date, accommodations are only possible via the Registrar's Office <u>petition process</u>.
- If you are unable to submit your request within the specified number of business days, you must still email your instructor within that window to explain the nature of the delay. Exceptions to the deadlines are made only under exceptional circumstances.
- Multiple assignments due on the same day are <u>not</u> considered academic conflicts. Students are expected to manage their time effectively to meet assignment deadlines.
- Back-to-back tests/quizzes are <u>not</u> considered academic conflicts. Only overlapping activities are conflicts.
- Students are responsible for keeping their course timetables conflict-free. Students who register in two courses with overlapping lecture/tutorial/lab schedules will not be accommodated.

# Next Steps:

After submitting your documentation, you will receive a response from your instructor or TA. The course instructor reserves the right to decide what accommodations will be made. Failure to adhere to any aspect of this policy may result in a denial of your request. **You are responsible for checking your official U of T email and Quercus course announcements daily**, as accommodations may be time-critical.

For missed assignments, **do not wait for the instructor's response to resume work on your assignment.** Extensions may be as short as one business day, depending on the nature of the illness/emergency. Complete your assignment as soon as you're able, and email it to your instructor.

If an accommodation is granted but a continued illness/emergency prevents you from meeting its requirements, you must <u>repeat</u> the missed term work procedure to request additional accommodations. **Please make it clear in your subject line that you are requesting a second accommodation.** Examples: If you were granted an extension for a paper but are still unable to meet the new deadline, or if you miss a <u>make-up</u> term test, you must submit *another* MTW form and supply documentation according to the "subsequent absences" column in the chart above. \*Note: In the case of a missed make-up test, an opportunity to write a second make-up test may not necessarily be provided.

## **Grading**

Scale

NUMERICAL	LETTER GRADE	<b>GRADE POINT VALUE</b>
MARKS		
90 - 100%	A+	4.0
85 - 89%	А	4.0
80 - 84%	A-	3.7
77 - 79%	B+	3.3
73 - 76%	В	3.0
70 - 72%	B-	2.7
67 - 69%	C+	2.3
63 - 66%	С	2.0
60 - 62%	C-	1.7
57 - 59%	D+	1.3
53 - 56%	D	1.0
50 - 52%	D-	0.7

0 - 49%	F	0.0
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# Guidelines (http://www.writing.utoronto.ca/advice/general/grading-policy):

**A+** Outstanding performance, exceeding even the A described below.

**A** Exceptional performance: strong evidence of original thinking; good organization, capacity to analyse and synthesize; superior grasp of subject matter with sound critical evaluations; evidence of extensive knowledge base.

**B** Good performance: evidence of grasp of subject matter; some evidence of critical capacity and analytic ability; reasonable understanding of relevant issues; evidence of familiarity with the literature.

**C** Intellectually adequate performance: student who is profiting from her or his university experience; understanding of the subject matter and ability to develop solutions to simple problems in the material. **D** Minimally acceptable performance: some evidence of familiarity with subject matter and some evidence that critical and analytic skills have been developed.

**F** Inadequate performance: little evidence of even superficial understanding of the subject matter; weakness in critical and analytic skills; with limited or irrelevant use of literature.

**Note:** for all written work, consistently poor spelling/grammar will be penalised. Please make use of the UTSC writing centre if you feel you need additional help with writing or want to develop your writing skills further: <u>http://ctl.utsc.utoronto.ca/twc/</u>.

## **Accommodations**

Students with diverse learning styles and needs are welcome in this course. In particular, if you have a disability/health consideration that may require accommodations, please feel free to approach me and/or the AccessAbility Services Office as soon as possible.

AccessAbility Services staff (located in Rm AA142, Arts and Administration Building) are available by appointment to assess specific needs, provide referrals and arrange appropriate accommodations 416-287-7560 or email ability.utsc@utoronto.ca. The sooner you let us know your needs the quicker we can assist you in achieving your learning goals in this course.

## Academic Integrity

The University treats cases of cheating and plagiarism very seriously. The University of Toronto's Code of Behaviour on Academic Matters (http://www.governingcouncil.utoronto.ca/policies/behaveac.htm) outlines the behaviours that constitute academic dishonesty and the processes for addressing academic offences.

Potential offences in papers and assignments include using someone else's ideas or words without appropriate acknowledgement, submitting your own work in more than one course without the permission of the instructor, making up sources or facts, obtaining or providing unauthorized assistance on any assignment.

On tests and exams, cheating includes using or possessing unauthorized aids, looking at someone else's answers during an exam or test, misrepresenting your identity, or falsifying or altering any documentation required by the University.

## Equity, Diversity and Inclusion

The University of Toronto is committed to equity, human rights and respect for diversity. All members of the learning environment in this course should strive to create an atmosphere of mutual respect where all members of our community can express themselves, engage with each other, and respect one another's differences. U of T does not condone discrimination or harassment against any persons or communities.

The University of Toronto is a richly diverse community and as such is committed to providing an environment free of any form of harassment, misconduct, or discrimination. In this course, I seek to

foster a civil, respectful, and open-minded climate in which we can all work together to develop a better understanding of key questions and debates through meaningful dialogue. As such, I expect all involved with this course to refrain from actions or behaviours that intimidate, humiliate, or demean persons or groups or that undermine their security or self-esteem based on traits related to race, religion, ancestry, place of origin, colour, ethnic origin, citizenship, creed, sex, sexual orientation, gender identity, gender expression, age, marital status, family status, disability, receipt of public assistance or record of offences.

#### Masks in the Classroom

While the mask mandate has been paused as of 1 July 2022, the use of medical masks continues to be strongly encouraged at U of T Scarborough in indoor settings where physical distancing is not possible. We ask everyone to respect each other's decisions, comfort levels, and health needs. Masks are available at all building entrances at U of T Scarborough and in all classrooms.