

## Course Outline

### PSYB30H3 Y LEC99

Introduction to Personality  
Summer 2022

Course Meets: Live online on Wednesdays at 9:30am (see schedule below) at the following zoom link: <https://utoronto.zoom.us/j/82805022472> Password: 222632  
Lectures will also be uploaded for asynchronous viewing, if desired.

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Instructor: Dr. Shona Tritt  
E-Mail: shona.tritt@mail.utoronto.ca  
Webpage: <https://q.utoronto.ca/>  
Office Hours: Office hours will be held on Mondays from 8-10am on Zoom. Please read the “office hours” section below for details about my protocol for office hours.  
Teaching Assistant: Chris Sciberas: [christopher.sciberas@mail.utoronto.ca](mailto:christopher.sciberas@mail.utoronto.ca)  
Drop-in TA office hours held on Mondays from 10-10:45am at this zoom link: <https://utoronto.zoom.us/j/86577381199> password: 249559

### Course Scope and Mission

People tend to define themselves and others by the enduring traits (patterns of behavior, emotion, motivation, and thoughts) that differentiate them. In this course, we survey theory and research that has accumulated over the years, which has explored the root causes and consequences of individual differences in personality, as well as the malleability of personality. In so doing, I expect that you will gain a better understanding of the nature of personality – where it comes from and what its consequences are, potentially gaining a better understanding of yourself and others.

### Required Readings

Larsen, R. J., Buss, D. King, D., Ensley, C. (Eds.) (2020). *Personality Psychology: Domains of Knowledge About Human Nature, 2<sup>nd</sup> Canadian Edition*. McGraw-Hill Education.

- A hard copy or e-copy of the textbook may be purchased through means most convenient for you (e.g., online or at the U of T book store).
- An e-copy of the text is available for purchase with a code for McGraw Hill Connect at the U of T bookstore. It can be purchased from this link: <https://connect.mheducation.com/class/s-tritt-01-3>

### Course Webpage/ Quercus

This course will be hosted on Quercus. All course materials will be posted on Quercus and you will use Quercus to watch lectures, participate online, engage in discussion, attend office hours, and to take tests & exams. I therefore recommend getting acquainted with Quercus and checking it on a regular basis throughout the semester for announcements and messages. You do not need to apply for Quercus access. If you are registered, you will automatically see this class when you log-on.

### Lectures

Lectures will be hosted live on zoom on Wednesdays at 9:30am at the following zoom link: <https://utoronto.zoom.us/j/82805022472> Password: 222632. You will find the class schedule on

the last page of the course syllabus. Lectures will be uploaded for asynchronous viewing with 48-hours of being hosted live. Lecture slides and discussion questions, which you will be encouraged to fill out as you watch the lecture to help you to digest the material, will be posted on Quercus so that you can participate asynchronously, if you wish. The amount of overlap between lectures and required readings will vary across topics, so you should read the lecture slides and watch lectures online regularly.

### Email Policy

My policy is to respond to emails within 2 working days of receipt. I am available to all my students and encourage you all to visit me during office hours for help with the material, or for a casual chat about psychology or prejudice. However, given the size of the class and my already overflowing inbox, I would prefer if you would limit clarification emails by doing the following. If you have questions or concerns, always check the course syllabus and the FAQ page on Quercus first. If you don't find your answer there, contact me or one of the course TAs.

### Frequently Asked Questions (FAQ)

Please note there is a lengthy FAQ document on Quercus. This contains a collection of common questions I am asked by students. If you have a question that is not listed on the FAQ page, your TAs or I will add it to the FAQ document.

### Office hours

I welcome you to visit me during online office hours, which are held on Mondays from 8am-10am. I am happy to use this time to address any of your questions or concerns, to offer feedback on your performance in the course, to discuss strategies for improvement, or to have a casual chat about psychology or about career prospects. However, I ask that you **please send me an email at least 24-hours before office hours to let me know that you would like to book an appointment, and give me a heads up about the issue(s) that you would like to address.** This will allow me to prepare for our appointment, when necessary, and it will also serve to prevent line-ups from forming during office hours as **I will book students into 15-minute uninterrupted time-slots.** Given that my office hours tend to get very busy and the 15-minute time-slots are often fully filled, I ask that you please let me know if you would like to cancel your appointment with me, giving as much notice as you can so that I can offer the time-slot to another student. **My office hours will take place on Zoom at this link:** <https://utoronto.zoom.us/j/81320329454> **(passcode: 384824)** If you would prefer to speak over the phone instead of zoom, that's fine too. Just send me the best number to reach you at.

### Evaluation and Grades

Grades are a measure of the performance of a student in individual courses. Each student shall be judged on the basis of how well he or she has command of the course materials.

	Marks	Due Dates
1 <sup>st</sup> term test	26%	TBD
2 <sup>nd</sup> term test	26%	TBD
final exam	38%	TBD during the exam period
Discussion forum	10%	You will find specific due dates on Quercus. Discussion questions for Lectures 1-9 will be due by 11:59pm on Fridays 9 days after the live lecture has been hosted; the discussion question for Lecture 10 is due by 11:59pm on the Wednesday 7 days after the live lecture 10 has been hosted.

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## **COURSE FORMAT AND EXPECTATIONS**

### **1<sup>st</sup> term test (26%)**

The first test is 1 hour and 30 minutes and it will take place online via Quercus (in the quizzes tab). It covers material discussed in lectures, lecture slides, and covered in the textbook chapters required for Lectures 1-3. The test is open book and open notes. It is intended to assess your understanding of course materials. The test will consist of 45 multiple choice questions designed to gauge your knowledge about the material presented in the lectures and in the required course readings. Please note that in a multiple choice exam, there is always 1-best answer, even if more than 1-answer might seem to fit. The time-limit applies to the entire exam, there is no time-limit per question. You will only be able to work on one question at a time and you will not be permitted to go back and forth between questions.

### **2<sup>nd</sup> term test (26%)**

The second test is 1 hour and 30 minutes and it will take place online via Quercus (in the quizzes tab). It covers material discussed in lectures, lecture slides, and covered in the required readings for Lectures 4-6. The test is open book and open notes. It is not cumulative. It is intended to assess your understanding of course materials. The test will consist of 45 multiple choice questions designed to gauge your knowledge about the material presented in the lectures and in the required course readings. Please note that in a multiple choice exam, there is always 1-best answer, even if more than 1-answer might seem to fit. The time-limit applies to the entire exam, there is no time-limit per question. You will only be able to work on one question at a time and you will not be permitted to go back and forth between questions.

### **Final exam (38%)**

The 3<sup>rd</sup> test is 2 hours and it will take place online via Quercus (in the quizzes tab). It is not cumulative. It covers material discussed in lectures, lecture slides, and covered in the required readings for Lectures 7-10. The test is open book and open notes. It is intended to assess your understanding of course materials. The test will consist of 60 multiple choice questions designed to gauge your knowledge about the material presented in the lectures and in the required course readings. Please note that in a multiple choice exam, there is always 1-best answer, even if more than 1-answer might seem to fit. The time-limit applies to the entire exam, there is no time-limit per question. You will only be able to work on one question at a time and you will not be permitted to go back and forth between questions.

#### ***\*A couple of notes about the term-tests & final exam:***

- You must start the exam on-time – if you are late, you will be automatically cut-off after the set end-time, even if the timer shows that you have additional time left.
- You will have access to only 1 question at a time and the questions will be locked after answering. You cannot go back and forth between questions.
- I am giving everyone ample time to complete the exam (2-minutes per question) to compensate for the fact that students may encounter some minor technological problems such as slow internet speed. If you have a major problem with your internet that prevents you from completing the exam, please let me know ASAP and I will instead offer you the opportunity to write an essay-style exam. The essay-style exam will need to be completed within 24-hours.

- Please be aware that if you report that you could not complete your test/exam because of internet or Quercus issues, I will ask you to send me a written summary of the issues that occurred (e.g., was a page slow to load, did you get disconnected multiple times, and if so, at which point in the test, etc.). I will then request a “detailed log” of your exam from Quercus support and they will be able to assess the situation. Please be aware that to misrepresent any technical issues during a test or an exam is considered an offence of academic integrity.
- You must work alone on all tests & exams - if you communicate with anyone else about exam material during the exam, or refer to any information posted online by another student about this exam, you are committing an offence of academic integrity. It is also considered academic misconduct to share test-materials with others.

### Participation in online discussions (10%)

Several discussion questions will accompany each lecture and you are encouraged to respond to them. Some will be “non-graded” whereas others will be “graded”. These questions can be found in the “modules” tab on Quercus and are clearly identified as “graded” or “non-graded”. Your responses should be submitted directly through Quercus.

Responding to non-graded questions is optional. You may find that this type of participation helps you to digest the course material, it may be enjoyable/challenging, and it may provide you with an outlet to engage with me and with your fellow students.

You must respond to 3 “graded” discussion questions over the course of the semester. Your grades on these **3** discussion board entries will account for 10% of your final grade. Excellent posts go beyond the information in the lecture or readings by relating what is learned in this class to other classes, to authoritative sources found in other books, the internet, etc. Your mark will be based upon your ability to: 1) show that you understand the course material that relates to the discussion question (35% of your mark), 2) write a clear, well-written, and well-structured response (35% of your mark), and 3) demonstrate critical thinking (30% of your mark). Your response **should not exceed 400 words**. If it is longer than 400 words, you will lose 1% of your mark for every additional word. You should write using APA-style. You will find information about the UTSC grading scale here: <https://www.utsc.utoronto.ca/registrar/u-t-grading-scheme> A weekly 45-minute drop-in session will be hosted by the course TA who will be grading your entry prior to the date of submission of your entry. During this session, your TA will be happy to speak with you about your graded discussion board entry and provide some casual feedback before submission. This drop-in session will be hosted via zoom. Drop-in TA office hours held on Mondays 10-10:45am at this zoom link: <https://utoronto.zoom.us/j/86577381199> password: 249559

#### **Please note the following \*important\* information about “graded” discussion questions:**

- Responses to graded discussion questions are due on their due date at 11:59pm. The system will lock you out if you do not upload before this time.
- Please ensure that your post has been successfully uploaded to Quercus. If you have any doubt or technical difficulties, please email me or a course TA your entry in order to prove that your entry was submitted on time. Late entries will not be graded.
- Once you have responded 3 graded discussion questions, any additional questions that you answer will not be graded.
- Sometimes more than 1 discussion question will be posted. However, you may only

- respond to 1 question per week. Choose the question that interests you most.
- The course TAs and I will aim to grade all responses to discussion board posts within 2 weeks of responses being posted. If you do not receive a grade within 2 weeks after your response has been posted, please email the course TA to ensure that your response was not missed.
  - You are welcome to request a re-grade if you feel that you have been graded unfairly. However, please be aware that if you request a re-grade, your mark could go up, your mark could go down, or your mark could stay the same. The new mark will replace the old mark, whatever it might be.
  - In-text citations will count towards the word limit but a separate reference list will not count towards the word limit.

The Writing Centre supports student learning at any stage in the writing process, from planning an outline to polishing a final draft. Their services include online resources, virtual drop-in hours, one-on-one consultations, and writing workshops. Information can be found at: <http://ctl.utsc.utoronto.ca/twc/main>

The Centre for Teaching and Learning (CTL) is also available to support you in your writing, English language, and professional development needs. It offers online tutoring and consultations and has a variety of helpful online resources. For more information, please visit CTL's Academic Learning Support site at <http://uoft.me/AcademicLearningSupport>

### **Term-Test Review/ Feedback on Discussion Board Entries:**

Term-tests: Approximately 2-weeks following the term-tests, after the make-up test has taken place, you will be permitted to see which answers you got right/wrong on the term-tests. After viewing your test, you can feel free to schedule a visit during office hours to discuss your performance on the test – I'm always happy to help you to strategize about how to improve your performance.

Discussion board entries: If you would like to obtain additional feedback on your discussion board entries, you should feel free to reach out to the course TA, Chris, at [christopher.sciberas@mail.utoronto.ca](mailto:christopher.sciberas@mail.utoronto.ca) Once you have obtained additional feedback from the course TA, if you would like further feedback, you are welcome to reach out to me to book a time to discuss during office hours. At that point, I'll be happy to read your entries to discuss them with you and to try to help you to improve your performance for the future. Please see the office hours section above to find out how to book an appointment with me.

### **Sharing/distributing test content & other course content**

Please be aware that you are strictly prohibited from sharing or distributing the content of tests and exams in any way. To share test material, online, verbally, or otherwise, is an offence of academic integrity. Additionally, lectures and course materials prepared by the instructor are considered by the University to be an instructor's intellectual property covered by the Copyright Act, RSC 1985, c C-42. Course materials such as PowerPoint slides and lecture recordings are made available to you for your own study purposes. These materials cannot be shared outside of the class or "published" in any way. Posting recordings or slides to other websites without the express permission of the instructor will constitute copyright infringement.

### **Learning Outcomes**

By the end of this course, students should be able to do the following:

1. Understand the history of the study of the psychology of personality.
2. Critically analyze the major psychological and evolutionary theories of personality.

3. Understand the methods that are used in the scientific study of the psychology of personality.
4. Express one's thoughts on the psychology of personality in writing.
5. Respectfully and clearly communicate one's thoughts on the psychology of personality to others.

### **Asking for Increased Grades, Extra Credit Assignments, "rounding-up", or Other Extenuating Circumstances:**

Please note that I do not believe that it is fair to offer extra credit assignments, increased grades, extensions, etc. to some students and not others. I also do not believe that it is fair to "round-up" some students grades and not others. I am furthermore not permitted by the University to manipulate certain individual student's grades, or to stray from the course syllabus in any way when allotting grades. While I understand the pressure that students are often under to achieve a certain grade point average, I hope that you understand that it is not ethical to offer special treatment to some students and not others. For this reason, please do not ask me to do this and know that I will not respond to such requests.

### **Department of Psychology Missed Term Work Policy, SUMMER 2022**

For missed term work (assignments and term tests) due to illness, emergency, or other mitigating circumstances, please follow the procedures outlined below and email your documents to the course TA, Chris, at [christopher.sciberas@mail.utoronto.ca](mailto:christopher.sciberas@mail.utoronto.ca).

Note:

- The following reasons are not considered sufficient for missed term work: travel for leisure, weddings, personal commitments, work commitments, human error.
- [Missed Final Exams](#) are handled by the Registrar's Office and should be declared on eService.
- Instructors cannot accept term work any later than five business days after the last day of class. Beyond this date, accommodations are only possible via the Registrar's Office [petition process](#).

The email address to submit missed term work accommodation requests in **PSYB30** is:  
**[shona.tritt@mail.utoronto.ca](mailto:shona.tritt@mail.utoronto.ca)**

#### **ILLNESS OR EMERGENCY accommodations:**

For missed work due to ILLNESS OR EMERGENCY, complete the following process:

1. Complete the [Request for Missed Term Work Accommodations Form](#).
2. Declare your absence on [ACORN](#) (Profile & Settings > Absence Declaration)
3. Email **both** of the following items to the course email **WITHIN 2 BUSINESS DAYS** of the missed work to the course TA, Chris at [christopher.sciberas@mail.utoronto.ca](mailto:christopher.sciberas@mail.utoronto.ca):
  - a. the [Request for Missed Term Work Accommodations Form](#)  
**\*AND\***
  - b. a screenshot of your Self-Declared Absence on ACORN

Note:

- *If you are unable to submit your request within 2 business days, you must still email your instructor within the 2 business day window to explain the nature of the delay. Exceptions to the 2 business day deadline will only be made under exceptional circumstances.*
- *If your absence is declared on ACORN, we do not require any additional supporting documentation (e.g. medical notes) to support your missed term work accommodation request.*



### **ACADEMIC CONFLICT accommodations:**

For missed term work due to an ACADEMIC CONFLICT (e.g. two midterms at the same time):

1. Complete the [Request for Missed Term Work Accommodations Form](#).
2. Take screenshots of your course Quercus pages that demonstrate the conflict.
3. Email the form and screenshots to the course email to Chris at [christopher.sciberas@mail.utoronto.ca](mailto:christopher.sciberas@mail.utoronto.ca) **at least two weeks (10 business days) before the date of the activity**, or as soon as possible if it was not possible to identify the conflict earlier. Requests sent after the activity deadline may not be accommodated.

#### Note:

- *Multiple assignments due on the same day are not considered conflicts. Students are expected to manage their time effectively to meet assignment deadlines.*
- *Back-to-back tests/quizzes are not considered conflicts. Only overlapping activities are conflicts.*
- *Students are responsible for keeping their course timetables conflict-free. Students who register in two courses with overlapping lecture/tutorial/lab schedules will not be accommodated.*

### **RELIGIOUS CONFLICT accommodations:**

For missed term work due to a RELIGIOUS CONFLICT:

1. Complete the [Request for Missed Term Work Accommodations Form](#).
2. Email the form to the course TA [christopher.sciberas@mail.utoronto.ca](mailto:christopher.sciberas@mail.utoronto.ca) **email at least two weeks (10 business days) before the date of the activity**, or as soon as possible if it was not possible to identify the conflict earlier. Requests sent after the activity deadline may not be accommodated.

### **ACCESSABILITY SERVICES accommodations:**

For missed **TERM TESTS** due to ACCESSABILITY REASONS:

- **Contact your AccessAbility consultant** and have them email the course email detailing accommodations required.

For missed **ASSIGNMENTS** due to ACCESSABILITY REASONS:

- If your desired accommodation is **within the scope** of your Accommodation Letter (e.g. your letter includes “extensions of up to 7 days” and you need 3 days):
  1. Complete the [Request for Missed Term Work Accommodations Form](#).
  2. Email the form **\*AND\*** your **Accommodation Letter** to the course email specifying how many days extension you are requesting.
- If your desired accommodation is **outside the scope** of your Accommodation Letter (e.g. your letter includes “extensions of up to 7 days” but you need more time than that):
  1. **Contact your AccessAbility consultant** and have them email the course email detailing the accommodations required.

### **Accommodation Procedure:**

After submitting your documentation, you will receive a response from your instructor or TA. This form does not guarantee that you will be accommodated. The course instructor reserves the right to decide what accommodations (if any) will be made. Failure to adhere to any aspect of this policy may result in a denial of your request. **You are responsible for checking your official U of T email and Quercus course announcements daily**, as accommodations may be time-critical.

For missed assignments, **do not wait for the instructor’s response to resume work on your assignment**. Extensions may be as short as one business day, depending on the nature of the illness/emergency. Complete your assignment as soon as you’re able, and email it to your instructor.

For an **anticipated absence** (e.g. a scheduled surgery or an illness with a prolonged recovery period), if you would like to request accommodations in advance, submit a [Verification of Illness Form](#) completed by your doctor AND the [Request for Missed Term Work Accommodations Form](#) to the course email. Absences can be declared up to 14 days into the future on ACORN.

### **Missed Accommodations**

If an accommodation is granted but a continued illness/emergency prevents you from meeting its requirements, you must repeat the missed term work procedure to request additional accommodations. **Please make it clear in your subject line that you are requesting a second accommodation.** E.g. If you are given an extension but are still sick and need more time, or if you miss a make-up term test, you must submit *another* [Request for Missed Term Work Accommodations Form](#) and declare your extended absence on ACORN. \*Note: In the case of a missed make-up test, an opportunity to write a second make-up test may not necessarily be provided.

### **AccessAbility:**

Students with diverse learning styles and needs are welcome in this course. In particular, if you have a disability/health consideration that may require accommodations, please feel free to approach me and/or the AccessAbility Services as soon as possible.

AccessAbility Services staff (located in Rm SW302, Science Wing) are available by appointment to assess specific needs, provide referrals and arrange appropriate accommodations [416-287-7560](tel:416-287-7560) or email [ability@utsc.utoronto.ca](mailto:ability@utsc.utoronto.ca). The sooner you let us know your needs the quicker we can assist you in achieving your learning goals in this course.

### **Academic Integrity:**

Academic integrity is essential to the pursuit of learning and scholarship in a university, and to ensuring that a degree from the University of Toronto is a strong signal of each student's individual academic achievement. As a result, the University treats cases of cheating and plagiarism very seriously. The University of Toronto's Code of Behaviour on Academic Matters (<http://www.governingcouncil.utoronto.ca/Assets/Governing+Council+Digital+Assets/Policies/PDF/ppjun011995.pdf>) outlines the behaviours that constitute academic dishonesty and the processes for addressing academic offences. Potential offences include, but are not limited to:

On tests and exams:

- Looking at someone else's answers during an exam or test;
- Posting information about or answers on a test online, or sharing such information in any way
- Misrepresenting your identity; and
- When you knew or ought to have known you were doing it.

In academic work:

- Plagiarism
- Falsifying institutional documents or grades;
- Falsifying or altering any documentation required by the University, including (but not limited to) doctor's notes; and
- When you knew or ought to have known you were doing so.



All suspected cases of academic dishonesty will be investigated following procedures outlined in the Code of Behaviour on Academic Matters. If students have questions or concerns about what constitutes appropriate academic behaviour or appropriate research and citation methods, they are expected to seek out additional information on academic integrity from their instructors or from other institutional resources.

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**Copyright in Instructional Settings:**

If a student wishes to tape-record, photograph, video-record or otherwise reproduce lectures, course notes/slides, or other similar materials provided by instructors, he or she must obtain the instructor's written consent beforehand. Without consent, all such reproduction is an infringement of copyright and is absolutely prohibited. In the case of private use by students with disabilities, the instructor's consent will not be unreasonably withheld.

## Weekly Schedule

Session	Lecture #	Date	Topic	Readings
1	1	May 11	Course overview & introduction to personality psychology	Read: Chapters 1 & 3 of the textbook.
2	2	May 18	The assessment & measurement of personality	Read: Chapters 2 & 4 of the textbook.
3	3	May 25	Is personality hardwired? Change vs. stability across time.	Read: Chapter 5 of the textbook.
4		June 1	No lecture - term-test #1 is this week	
5	4	June 8	The biology of personality	Read: Chapters 6 & 7 of the textbook.
6	5	June 15	The evolutionary underpinnings of personality	Read: Chapter 8 of the textbook.
		June 22	Reading week	
7	6	June 29	Psychoanalytic perspectives	Read: Chapters 9 & 10 of the textbook.
8		July 6	No lecture - term-test #2 is this week	
9	7	July 13	Motivation, emotion, & cognition	Read: Chapters 11 & 12 & 13 of the textbook.
10	8	July 20	Sex differences & cultural perspectives	Read: Chapters 16 & 17 of the textbook.
11	9	July 27	Personality & health	Read: Chapter 18 & 19 of the textbook.
12	10	Aug. 3	The self & social interaction	Read: Chapters 14 & 15 of the textbook.
Final Exam		TBD		