Cellular Neuroscience Laboratory NROC60H3S

University of Toronto Scarborough Winter 2019

Wed 2-5pm: SW316 (lecture) + SW148 (lab)

Instructor: Dr. Maithe Arruda Carvalho

Office hours: Tues 1-3 pm, SW533

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*Your TAs are the first point of contact for any questions you may have.

Course Overview

This course aims to introduce students to a variety of cellular neuroscience techniques used in a neuroscience laboratory to investigate the biological mechanisms underlying complex behaviour. This course is the cellular neuroscience counterpart to NROC63, and will feature a theoretical and a practical component. For the practical component of the course, students will follow up on the behavioural findings described by their NROC63 colleagues and conduct a hands-on mini research project investigating the cellular mechanisms behind the findings from NROC63. Specifically, students will learn how to prepare brain slices, perform immunohistochemistry and cell counting on the brains prepared by their NROC63 colleagues. This will allow students to conduct a research project from start to finish which will integrate the theoretical and practical components of the course, while pursuing a novel research question regarding the cellular mechanisms underlying behavioural deficits in a model of schizophrenia. Students will concomitantly learn the theoretical basis behind a variety of cellular and systems neuroscience techniques used to assess neural structure and function at different levels of analysis, including neuronal morphology, gene and protein expression, opto and chemogenetic manipulation of neuronal activity, as well as their applicability and limitations. The technical skills learned in this course are at the core of neuroscience research, and will serve as an important basis for students pursuing graduate school as well as employment in biomedical research outside of academia.

Course Materials

Students will be required to read course materials, which will be posted on Quercus or be available on short-term loan in the library.

Course Learning Objectives

By the end of this course, students will be able to:

- Perform cellular neuroscience techniques commonly used to measure changes in protein expression in the brain.
- Design experimental strategies to answer specific and challenging research questions in a cellular neuroscience setting.
- Improve their interpretation of scientific results by deepening their understanding of the rationale for using each of those techniques, and their limitations.
- Master the use of specific laboratory equipment used for slicing of fixed brain tissue, perform immunohistochemistry and cell counting in different brain regions.
- Investigate the cellular mechanisms underlying behavioural deficits in a model of schizophrenia using those techniques to generate novel findings.
- Write a scientific paper based on the data collected by the students during the lab portions of the course.

Course Evaluation

Summary of Evaluation:

	Percent of final grade	<u>Date</u>
Laboratories (3 in total)	3 X 10%	Jan 30, Feb 13, Mar 6
Quizzes	5 X 3%	Jan 30, Feb 13, Mar 6, Mar 27, Apr 3
Research paper	10% + 5% + 20%	Intro (Feb 13), Methods (Mar 13), Full paper (Apr 3)
Final Exam	20%	Exam Period

Description of course components:

1. Laboratories (3 x 10%):

Students will be evaluated based on their participation in the labs. In Lab 1, students will learn how to section brain tissue for histological processing. In Lab 2, students will perform immunohistochemistry on the brain sections they prepared in Lab 1, and mount those immunostained sections in preparation for fluorescence imaging. In Lab 3, after learning about the fundaments of optical imaging, students will learn and perform cell counts to quantify and compare the number of immunopositive cells in different brain regions in their experimental groups. For lab 3, the participation mark will be dependent on the students concluding their cell counts. This will be done outside of class, and the cell counts will be due on March 20th. Prior to all three labs, students must read the respective lab manual. Attendance is mandatory for obtaining a participation grade.

<u>Please note:</u> For Lab 1 (scheduled for Week 4), the class will be divided into groups of 3 students (groups A-B) and 2 students (groups C-I). Following training on tissue sectioning, each group will be responsible for sectioning one rat brain. Groups will choose among specific time slots for access to the vibratomes in the presence of a TA. Due to equipment constraints, these time slots may be outside of the original class schedule:

Lab 1:

January 30th 3-5PM - Groups A, B, C 5-7PM - Groups D, E, F

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<u>January 31<sup>st</sup></u>
9AM-11AM – Groups G, H, I
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Similarly, for Lab 2, given the nature of the technique, there will be three experimental sessions (see below). Students will be divided in groups of 10 (groups α and β), and sign up for the following time slots:

Lab 2:

February 13th
3-5PM – Session 1 - Group α 5-7PM – Session 1 - Group β February 14th
9-10AM – Session 2 - Group α 10AM-11AM - Session 2 – Group β 12PM-1PM - Session 3 – Group α 1PM-2PM - Session 3 - Group β

Please be flexible in signing up for a specific Lab time slot. It is the student's responsibility to be present in their chosen time slot and complete the Lab.

For lab 3, the assignment will consist of performing the cell counts as determined during the lab. Students will hand in their assignment on **March 20th**th **by NOON**. Students should submit their excel sheets on Quercus. To submit your assignment, on Quercus click on Assignments: Lab 3 Cell counts. Late submissions will be accepted with a **penalty of 50% for every day late** (25% penalty for same day after noon).

2. Quizzes (5 x 3%)

As noted on the calendar, five of the lectures will be followed by a short answer <u>in class</u> quiz aimed at assessing the student's understanding of the content covered in the previous weeks' lecture. The quiz will be administered in class at the beginning of class and therefore *attendance is mandatory* to complete it.

3. Research paper (10% + 5% + 20%):

In this assignment students will write a research paper following the guidelines of the Journal of Neuroscience: http://www.jneurosci.org/sites/default/files/files/JN Information for Authors.pdf This research paper will feature the data collected during the labs and will consist of the following segments:

Introduction (10%) – **Due February 13th by 11:59PM**: This section will include a concise literature review providing the background of the research leading to an explanation of the rationale of the study. It must not exceed 650 words. It must include a minimum of 10 citations of published, peer-reviewed research papers, at least half of which must be empirical, not review papers. A list of the references cited in the introduction should be included at this stage. To submit your assignment on

Quercus and Turnitin (embedded), click on Assignments: Research Paper: Introduction. The Rubric is visible on Quercus.

Materials and Methods (5%) – Due March 13th by 11:59PM: This section will include a description of the techniques used in the practical component of the course, including a description of the brain sectioning, immunostaining, imaging and cell counting protocols. It must not exceed 1500 words. Students must at that time also include a <u>list of 5 additional (not cited in the introduction), empirical peer-reviewed papers</u> which will be featured in the Discussion section of the paper. To submit your assignments on Quercus and Turnitin (embedded), click on Assignments: Research Paper: Methods and list of discussion papers. You can include your list of papers (with complete references) at the end of your word file containing your methods. The Rubric is visible on Quercus.

Final Research paper (20%) – Due April 3rd by 11:59PM:

The final research paper will include the following sections:

Title page – Containing a title (50-word maximum, be creative!), abbreviated title (50 characters), your name, and word counts for the introduction, methods and discussion, as well as page number (maximum of 5) and number of figures.

Abstract - This section will clearly and briefly state the background, rationale, methodology and results of the paper, and must not exceed 250 words.

Introduction – as above.

Materials and Methods – as above.

Results – This section will describe the results and statistical analyses you found. It will include a description of the experimental rationale and of the findings.

Discussion – This section will include a one-paragraph summary of the main findings and a discussion of their significance and potential alternative interpretations. It should discuss how your results compare to closely related articles in the field, and conclude with future directions of the research. 1500 words maximum.

References - List all the references cited in the text in alphabetical order by first author's last name following Journal of Neuroscience citation style.

Here is one example of Journal of Neuroscience citation style:

Drew MR, Denny CA, Hen R (2010) Arrest of adult hippocampal neurogenesis in mice impairs single-but not multiple-trial contextual fear conditioning. Behav Neurosci 124:446–454.

For more examples see http://www.jneurosci.org/content/preparing-manuscript#organization **Figure Legends** - These must include a brief description of the figures in the order they appear in the text.

Figures - These will include 2 bar graph figures with the final data.

Additional instructions for each of these sections will be given in tutorials throughout the course as noted on the calendar.

All assignments will be submitted through Quercus and Turnitin. Submissions are due **by 11:59PM on their due date**. Late submissions will be accepted with a **penalty of 50% for every day late**.

4. Final Exam (20%) – Exam period

The final exam will be scheduled during the exam period and will assess the students' ability to integrate the technical knowledge gained during the course within the context of designing experimental strategies to address a specific experimental question. Students will be assigned two research questions and be asked to design theoretical experiments to prove or disprove the scientific hypotheses given to them. These must include a minimum of two techniques. Students will be free to choose any technique but must make a convincing case for their choice of experiments. Each experiment will be broken down into the following categories:

Rationale: Justify why this experiment is ideal for the purpose described and what it will measure **Methods:** Describe how the technique is used

Predicted Outcomes and potential pitfalls: Describe how the hypothetical results from that experiment will address the given scientific hypothesis and discuss the limitations of the chosen techniques.

This test will put into practice the students' knowledge of the scientific method and the cellular neuroscience techniques learned in the course, applying critical thinking and problem solving skills.

Resources

Lecture slides and additional assigned reading will be posted on Quercus by midnight at the latest the night before the lecture. Students will be provided with a temporary license for the use of the software <u>Graphpad Prism</u> for the statistical analysis of their data and preparation of graphs for their written assignment. Individual licenses will be distributed to students on the first week of class. Students will have the choice of either downloading the software into their personal computer, or in a computer in SW316. If you'd like to use it in one of the SW316 computers, please email one of the TAs with this request so we can proceed with the installation. Additionally, one copy of the software will be available at the Bladen wing computer lab, BV490 (look for a label saying 'Prism' on the monitor). All licenses will be valid until December 31st.

Overview of Lecture, Lab, and Tutorial Schedule:

The following table presents the schedule of lectures, labs, and tutorials, as they will occur over the course of the term, and the due dates for assignments. Please note:

• Lab times for Labs 1 and 2 will vary according to student group. A sign-up sheet will be passed along on the first week of class. <u>Please be sure to write down your respective groups and consult the schedule to make sure you attend the right time slot.</u>

WEEK	DATE	CONTENT	LOCATION Advance TO DO		TO DO
				Reading	
1	Jan 9	Lecture: Course Introduction and	SW316		
		Overview			
2	Jan 16	2-4PM: Lecture: Overview of	SW316		
		cellular neuroscience techniques			
		and our mini research project			
		4-5PM: Library research			
		workshop (Sarah Guay)			
3	Jan 23	2-4PM: Lecture: Using the brain	SW316		
		atlas to navigate brain circuits			
		4-5PM: Writing Centre			

		workshop: Synthesizing research (Nancy Johnston)			
4	Jan 30	2-3PM: Quiz Lecture: Introduction to Lab 1: Brain sectioning SW316 Lab 1 manual		Lab 1 manual	
		3-7 PM: Lab 1, see group distribution and schedule above	I, see group SW148		
	Jan 31	9AM-11AM: Lab1, see group distribution and schedule above	SW148		
5	Feb 6	2-4PM: Lecture: Techniques to measure protein expression 4-5PM: Tutorial: writing a scientific paper: Introduction	easure protein expression 5PM: Tutorial: writing a		
6	Feb 13	2-3PM: <i>Quiz</i> Lecture: Introduction to Lab 2: Immunohistochemistry 3-7 PM: Lab 2, see group distribution and schedule above		Introduction of research paper due	
	Feb 14	9AM-2PM: Lab 2, see group distribution and schedule above	SW148		
7	Feb 20	Reading Week – No Class			
8	Feb 27	2-4PM: Lecture: Microscopy 4-5PM: Tutorial: feedback on introduction; how to write methods and discussion	SW316		
9	Mar 6	2-3PM: <i>Quiz</i> Demo of fluorescence microscopy and introduction to Lab 3: Cell counting 3-5PM: Lab 3	SW316 Lab 3 manual		
10	Mar 13	2-4PM: Lecture: Methods for imaging neuronal activity 4-5PM: Tutorial	SW316		Methods and list of discussion papers due
11	Mar 20	2-3PM: Stats Tutorial 3-5PM: Lecture: Data analysis and interpretation, writing the results section	SW316		Lab 3 cell counts due
12	Mar 27	2-4PM: <i>Quiz</i> Lecture: Methods for manipulating neuronal activity 4-5PM: Tutorial and feedback	SW316		
13	Apr 3	2-4PM: <i>Quiz</i> Lecture: Methods for measuring neuronal morphology	SW316		Full research paper due

4-5PM: Wrap up and course		
review		

Course Grading Scheme:

Following the University Assessment and Grading Practices Policy:

(http://www.governingcouncil.utoronto.ca/Assets/Governing+Council+Digital+Assets/Policies/PDF/grading.pdf; http://www.artsci.utoronto.ca/newstudents/transition/academic/grading):

Letter Grade	Grade point value	Numerical Mark	Grade Definition
A+	4.0	90 - 100%	Excellent: Strong evidence of original thinking;
			good organization; capacity to analyze and
			synthesize; superior grasp of subject matter
			with sound critical evaluations; evidence of
			extensive knowledge base.
Α	4.0	85 - 89%	Excellent
A-	3.7	80 - 84%	Excellent
B+	3.3	77 - 79%	Good: Evidence of grasp of subject matter;
			some evidence of critical capacity and analytic
			ability; reasonable understanding of relevant
			issues; evidence of familiarity with literature.
В	3.0	73 - 76%	Good
B-	2.7	70 - 72%	Good
C+	2.3	67 - 69%	Adequate: Student who is profiting from
			his/her university experience; understanding of
			the subject matter; ability to develop solutions
			to simple problems in the material.
С	2	63 - 66%	Adequate
C-	1.7	60 - 62%	Adequate
D+	1.3	57 - 59%	Marginal: Some evidence of familiarity with
			subject matter and some evidence that critical
			and analytic skills have been developed.
D	1.0	53 - 56%	Marginal
D-	0.7	50 - 52%	Marginal
F	0	0 - 49%	Inadequate: Little evidence of even superficial
			understanding of subject matter; weakness in
			critical and analytic skills; with limited or
			irrelevant use of literature.

Note: Consistently poor spelling/grammar will be penalized. Please make use of the resources available at the UTSC writing centre for additional help with writing: http://ctl.utsc.utoronto.ca/twc/.

Course Policies:

Missed Term Work due to Medical Illness or Other Emergency:

All students citing a documented reason for missed term work must submit their request for accommodations within three (3) business days of the deadline for the missed work.

Students must submit **BOTH** of the following:

- (1.) A completed Request for Missed Term Work Accommodations form (http://uoft.me/PSY-MTW), and
- (2.) **Appropriate documentation** to verify your illness or emergency, as described below.

Appropriate documentation:

For missed **TERM TESTS** due to **ILLNESS**:

Submit the Request for Missed Term Work Accommodations form (http://uoft.me/PSY-MTW), along with an or an original copy of the official UTSC Verification of Illness Form (uoft.me/UTSC-Verification-Of-Illness-Form) or an or an original copy of the record of visitation to a hospital emergency room. Forms are to be completed in full, clearly indicating the start date, anticipated end date, and severity of illness. The physician's registration number and business stamp are required.

For missed **ASSIGNMENTS** due to **ILLNESS**:

• Submit the Request for Missed Term Work Accommodations form (http://uoft.me/PSY-MTW), along with a https://uoft.me/PSY-self-declare-form).

For missed term tests or assignments in **OTHER CIRCUMSTANCES**:

Submit the Request for Missed Term Work Accommodations form (http://uoft.me/PSY-MTW), along with:

- In the case of a **death of a family member or friend**, please provide a copy of a death certificate.
- In the case of a **disability-related concern**, if your desired accommodation is within the scope of your Accommodation Letter, please attach a copy of your letter. If your desired accommodation is outside the scope of your Accommodation Letter (ex. if your letter says "extensions of up to 7 days" but you need more time than that) you will need to meet with your consultant at AccessAbility Services and have them email Keely Hicks (keely.hicks@utoronto.ca) detailing the accommodations required.
- For U of T Varsity **athletic commitments**, an email from your coach or varsity administrator should be sent directly to Keely Hicks (<u>keely.hicks@utoronto.ca</u>) **well in advance** of the missed work, detailing the dates and nature of the commitment.
- For religious accommodations, please email (<u>keely.hicks@utoronto.ca</u>) well in advance of the missed work.

Documents covering the following situations are NOT acceptable: medical prescriptions, personal travel, weddings/personal/work commitments.

Procedure:

Submit your (1.) <u>request form</u> and (2.) <u>medical/self-declaration/other documents in person <u>WITHIN 3 BUSINESS</u> DAYS of the missed term test or assignment.</u>

Submit to: Keely Hicks, Room SW420B, Monday – Friday, 9 AM – 4 PM

Exceptions to the documentation deadline will only be made under exceptional circumstances. If you are unable to meet this deadline, you must email Keely Hicks (keely.hicks@utoronto.ca) within the three business day

window to explain when you will be able to bring your documents in person. Attach scans of your documentation.

Within approximately one week, you will receive an email response from your instructor detailing the accommodations to be made (if any). You are responsible for checking your official U of T email and Quercus course announcements daily, as accommodations may be time-critical.

Completion of this form does NOT guarantee that accommodations will be made. The course instructor reserves the right to decide what accommodations (if any) will be made. Failure to adhere to any aspect of this policy may result in a denial of your request for accommodation.

Instructors cannot accept term work after April 12, 2019. Beyond this date, you would need to file a petition with the Registrar's Office to have your term work accepted (https://www.utsc.utoronto.ca/registrar/term-work).

Note that this policy applies only to missed assignments and term tests. Missed final exams are handled by the Registrar's Office (http://www.utsc.utoronto.ca/registrar/missing-examination).

Missed Labs/Lab 3 assignment:

Students are expected to make every effort to be present at the Labs and, in the case of lab 3, to complete their assignment. Absence from a Lab and/or consequent inability to prepare its assignment will only be considered in cases of documented family emergency or severe illness (see below). In the case of accepted justification, students missing a lab will undergo a written test to compensate for that mark.

Contesting a grade

Re-grade requests will only be considered within two weeks of the grade being received. These will only be considered if adequate written justification is provided by the student. If granted, re-grading will consist of re-evaluation of the complete assignment, potentially leading to a change in the grade in either direction, i.e. a grade increase, no change, or decrease. Requests without a solid rationale will not be considered (e.g. higher grade needed for entering grad school, etc.).

Video and Auditory Recording

For reasons of privacy and copyright, unauthorized video or audio recording in classrooms is prohibited. This is in accordance with the Provost's guidelines on Appropriate Use of Information and Communication Technology. Please note that these guidelines include the provision that students may obtain consent to record lectures and, "in the case of private use by students with disabilities, the instructor's consent must not be unreasonably withheld".

Copyright of lecture material

As protection of copyright, unauthorized copying, use, or uploading on www of any of the lecture slides, lecture handouts or course materials produced by Professor Arruda-Carvalho is **strictly prohibited**.

AccessAbility statement:

Students with diverse learning styles and needs are welcome in this course. In particular, if you have a disability/health consideration that may require accommodations, please feel free to approach me and/or the AccessAbility Services as soon as possible.

AccessAbility Services staff (located in Rm SW302, Science Wing) are available by appointment to assess specific needs, provide referrals and arrange appropriate accommodations <u>416-287-7560</u> or email <u>ability@utsc.utoronto.ca</u>. The sooner you let us know your needs the quicker we can assist you in achieving your learning goals in this course.

Academic integrity

Academic integrity is essential to the pursuit of learning and scholarship in a university, and to ensuring that a degree from the University of Toronto is a strong signal of each student's individual academic achievement. As a result, the University treats cases of cheating and plagiarism very seriously. The University of Toronto's Code of Behaviour on Academic Matters

(http://www.governingcouncil.utoronto.ca/Assets/Governing+Council+Digital+Assets/Policies/PDF/ppiun011995.pdf) outlines the behaviours that constitute academic dishonesty and the processes for addressing academic offences. Potential offences include, but are not limited to:

In papers and assignments:

- Using someone else's ideas or words without appropriate acknowledgement;
- Submitting your own work in more than one course without the permission of the instructor;
- Making up sources or facts;
- Obtaining or providing unauthorized assistance on any assignment.

On tests and exams:

- Using or possessing unauthorized aids;
- Looking at someone else's answers during an exam or test;
- Misrepresenting your identity; and
- When you knew or ought to have known you were doing it.

In academic work:

- Falsifying institutional documents or grades;
- Falsifying or altering any documentation required by the University, including (but not limited to) doctor's notes; and
- When you knew or ought to have known you were doing so.

All suspected cases of academic dishonesty will be investigated following procedures outlined in the Code of Behaviour on Academic Matters. If students have questions or concerns about what constitutes appropriate academic behaviour or appropriate research and citation methods, they are expected to seek out additional information on academic integrity from their instructors or from other institutional resources.

Note: You may see advertisements for services offering grammar help, essay editing and proof-reading. Be very careful. If these services take a draft of your work and significantly change the content and/or language, you may be committing an academic offence (unauthorized assistance) under the *Code of Behaviour on Academic Matters*.

It is much better and safer to take your draft to the Writing Centre as early as you can. They will give you guidance you can trust. Students for whom English is not their first language should go to the English Language Development Centre.

If you decide to use these services in spite of this caution, you <u>must</u> keep a draft of your work and any notes you made before you got help and <u>be prepared to give it to your instructor on request.</u>

Turnitin

Normally, students will be required to submit their course essays to Turnitin.com for a review of textual similarity and detection of possible plagiarism. In doing so, students will allow their essays to be included as source documents in the Turnitin.com reference database, where they will be used solely for the purpose of detecting plagiarism. The terms that apply to the University's use of the Turnitin.com service are described on the Turnitin.com web site