

PSYC36H3: PSYCHOTHERAPY

WINTER 2014

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Office hour: Mondays 12:30-1:30 room SW407

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Course Information: Tuesdays 9-11, SW 319

Course Website

All course information including the syllabus and assigned readings will be available on the Blackboard system.

Course Requirements

Attendance: Students are expected to attend every class meeting.

In-Class Midterm Exam: Students will complete an in-class, multiple-choice exam on February 25. The exam must be completed before the end of class. This exam will be worth 30% of the final grade.

Final Paper: Students will complete a 10-page paper describing research on two types of therapy for a specific disorder. There are two parts to be completed before the final assignment is due. Part A requires students to submit the topic (5 points); Part B requires students to submit their literature review (5 points); The final paper will be worth 90 points. All assignments will be submitted electronically through Blackboard. Parts A and B will not be accepted late. Five points will be deducted off the final grade for each day that it is late, beginning after 9am on the due date. This paper is worth 30% of the final grade.

Final Exam: Students will complete a multiple-choice and short-answer essay exam during finals week (date TBA). This exam will be worth 40% of the final grade.

Class Schedule

Date	Topics	Assignment
1/7/2014	Definition of therapy; empirically-based practice	
1/14/2014	Non-specific therapeutic factors	
1/21/2014	Behavior Therapy	
1/28/2014	Cognitive-Behavioral Therapy	
2/4/2014	Mindfulness-Based Treatments	Final Paper Assigned
2/11/2014	Dialectical Behavior Therapy	
2/18/2014	READING WEEK: NO CLASS	
2/25/2014	IN-CLASS MIDTERM	Part A Due – 9am
3/4/2014	Positive Psychotherapy	
3/11/2014	Motivational Interviewing	Part B Due – 9am
3/18/2014	Psychodynamic Therapy	
3/25/2014	Interpersonal Therapy/Emotion-Focused Therapy	
4/1/2014	Therapy for children, couples, and families	Final Paper Due – 9am
Finals Week	FINAL EXAM	

Policies

Academic integrity: Cheating, copying, plagiarism, or any other serious breach of integrity is unacceptable at all times. Any occurrences of this type will be dealt with in accordance to the policies of the University of Toronto.

Photo IDs: A student must provide photo identification (ideally a student ID) on both the midterm and final exam days. The student will show the ID when handing in the test form. If a student does not provide photo ID, he or she has 24 hours to provide it to the professor.

Makeup exams: A makeup midterm exam will be held approximately one week after the regularly schedule exam at a time and date to be determined. Students will be permitted to write a deferred midterm exam only in the event that they are unable to appear on the day of the exam due to a verified illness, a serious family emergency (e.g., a death in the family), or religious observances. With respect to absences due to illness, please note that students will only be permitted to write a deferred exam if they provide a valid UTSC Medical Certificate. The medical certificate must indicate: (a) that the student sought medical attention on the day of the exam (not the day before or after), (b) the nature/timeline of the student’s problem and the diagnostic tests that were performed, and (c) how the problem prevented the student from writing the regularly scheduled midterm exam. Medical certificates must be signed by the physician and include his or her contact information in order to be considered valid. Students will be required to submit their medical certificates for verification before they will be permitted to write the deferred midterm exam.