

PSYCHOLOGY OF EMOTION
PSYC18 Winter 2013
Course Outline

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Evaluation:

- a. Midterm worth 50% of final course grade.
- b. Final exam worth 50% of final course grade.

There are 50 multiple choice questions on each exam:
 25 from lectures and 25 from the assigned chapters.

Text: Oatley, K., Keltner, D. & Jenkins, J.M. (2006). *Understanding emotions*, 2nd Edition. Malden, MA: Blackwell.

Weekly Schedule:

January 10, 2013	Lecture 1	Introduction to course
January 17, 2013	Lecture 2	Chapter 1 (Approaches to understanding emotion)
January 24, 2013	Lecture 3	Chapter 2 (Evolution of emotions)
January 31, 2013	Lecture 4	Chapter 3 (Cultural understanding of emotions) Chapter 4 (Communication of emotions)
February 7, 2013	Lecture 5	Chapter 5 (Bodily changes and emotion) Chapter 6 (Emotions and the brain)
February 14, 2013	Lecture 6	Chapter 7 (Appraisal, knowledge, and experience)
February 21, 2013	No class	Reading week
February 28, 2013	Midterm	Takes place in class
March 7, 2013	Lecture 7	Chapter 8 (Development of emotions in childhood) Chapter 9 (Emotions in social relationships)
March 14, 2013	Lecture 8	Chapter 10 (Emotions and cognition)
March 21, 2013	Lecture 9	Chapter 11 (Individual differences and personality)
March 28, 2013	Lecture 10	Chapter 12 (Emotions and mental health in childhood)
April 4, 2013	Lecture 11	Chapter 13 (Emotions and mental health in adulthood) Chapter 14 (Psychotherapy, consciousness, and well-being)

Note: Although lecture attendance is not mandatory, it is **highly advised. Students will be provided with lecture outlines only, which will be uploaded to Blackboard prior to class each week. Students are responsible for attending each lecture in order to take notes and fill in the sections that are included in these skeleton outlines.