

## PSYC18 – Psychology of Emotion

### Course Syllabus Spring 2010

Instructor:	Michelle Hilscher
Email:	<a href="mailto:hilscher@utsc.utoronto.ca">hilscher@utsc.utoronto.ca</a>
Phone:	416-287-7448
Office:	SW142C
Office Hours:	Thurs. 2:30-4:00 pm; Wed. by appointment

Teaching Assistant:	Rimma Teper
Email:	<a href="mailto:rimma.teper@utoronto.ca">rimma.teper@utoronto.ca</a>

#### Overview:

This course begins by providing an overview of the social, philosophical, and psychological history of emotion. Later lectures address evolutionary and socio-cultural perspectives on emotion, the expression of emotions, and emotional experiences as they pertain to the body and brain, as well as cognition more specifically. Emotions will also be examined in the context of human development, social relationships, and in terms of mental health.

#### Objectives:

By the end of this course you should be able to:

- Compare and contrast traditional and contemporary theories of emotion.
- Compare and contrast scholars based on the mind/body & nature/nurture problems.
- Pinpoint the locations in the brain that are associated with emotion.
- Provide a critical summary of the foundational research studies in the psychology of emotion.
- Provide a critical summary of current research studies in the psychology of emotion.
- Integrate the role of biological and social factors for experiences of emotion and expression of emotions.
- Differentiate between the ACTION and EXPERIENCE approaches to emotion.

#### Class Dates:

Thursdays, January 07 – April 01, 12 – 2 pm, Room SY 110

#### Required Readings:

Textbook: Oatley, Keltner & Jenkins' (2006). *Understanding Emotions* (2nd Ed.)

### Other Readings and Resources:

*Additional readings may be assigned, as outlined below in the assigned readings section. These readings will be uploaded to Blackboard and you will be responsible for this material on the midterm or final exam, unless otherwise indicated.*

Students with diverse learning styles and needs are welcome in this course. In particular, if you have a disability/health consideration that may require accommodations, please feel free to approach me and/or the AccessAbility Services Office as soon as possible. I will work with you and AccessAbility Services to ensure you can achieve your learning goals in this course. Enquiries are confidential. The UTSC AccessAbility Services staff (located in S302) are available by appointment to assess specific needs, provide referrals and arrange appropriate accommodations. Contact: 416-287-7560 or [ability@utsc.utoronto.ca](mailto:ability@utsc.utoronto.ca)

### Evaluation:

Your final course grade will be based on a midterm test and final examination, each worth 50%. These tests will be comprised mainly of multiple choice questions, as well as one or two short answer questions.

### Academic Integrity:

Academic integrity is essential to the pursuit of learning and scholarship in a university, and to ensuring that a degree from the University of Toronto is a strong signal of each student's individual academic achievement. As a result, the University treats cases of cheating and plagiarism very seriously. The University of Toronto's Code of Behaviour on Academic Matters (<http://www.governingcouncil.utoronto.ca/policies/behaveac.htm>) outlines the behaviours that constitute academic dishonesty and the processes for addressing academic offences.

Potential offences include but are not limited to: **IN PAPERS AND ASSIGNMENTS:** Using someone else's ideas or words without appropriate acknowledgement. Submitting your own work in more than one course without the permission of the instructor. Making up sources or facts. Obtaining or providing unauthorized assistance on any assignment. **ON TESTS AND EXAMS:** Using or possessing unauthorized aids. Looking at someone else's answers during an exam or test. Misrepresenting your identity. **IN ACADEMIC WORK:** Falsifying institutional documents or grades. Falsifying or altering any documentation required by the University, including (but not limited to) doctor's notes.

All suspected cases of academic dishonesty will be investigated following procedures outlined in the Code of Behaviour on Academic Matters. If you have

questions or concerns about what constitutes appropriate academic behaviour or appropriate research and citation methods, you are expected to seek out additional information on academic integrity from your instructor or from other institutional resources (see [www.utoronto.ca/academicintegrity/resourcesforstudents.html](http://www.utoronto.ca/academicintegrity/resourcesforstudents.html)).

H1N1 Statement:

Students are advised to consult the university's preparedness site (<http://www.preparedness.utoronto.ca>) for information and regular updates regarding procedures relating to H1N1 planning and individual student responsibilities.

The University is planning ahead to minimize the impact of H1N1 on the campus community. As such, if you feel sick, please do not attend lecture. Powerpoint slides will be posted for all lectures and you are encouraged to dialogue with fellow students in this course via Blackboard's Discussion Forum in order to exchange notes if you miss this class.

Lecture and Reading Schedule:

Date	Lecture	Readings
January 07	Introduction & History Part 1	Shields' (2007) article
January 14	History Part 2	Oatley: Chapter 1
January 21	Emotion and Evolution	Oatley: Chapter 2
January 28	Emotion and Culture	Oatley: Chapter 3
February 04	Emotional Expression	Oatley: Chapter 4
February 11	Emotions and the Body	Oatley: Chapter 5
	February 16-19 Reading Week!	
February 25	Tentative Midterm Date! More details to come...	
March 4	Emotions and the Brain	Oatley: Chapter 6
March 11	Emotion and Cognition	Oatley: Chapter 10
March 18	Emotions and Development	Oatley: Chapter 8
March 21	Drop Date for S courses!	
March 25	Emotions and Social Relationships	Oatley: Chapter 9
April 1	Emotions and Mental Health	Oatley: Chapters 12, 13, 14