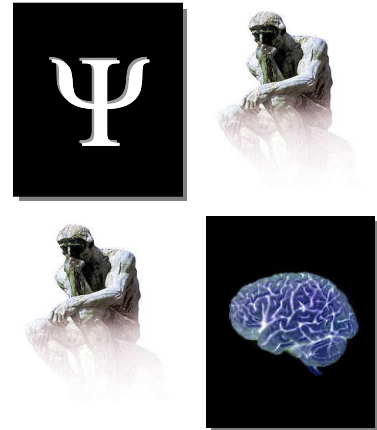




BEHAVIOUR MODIFICATION ORIGINS & APPLICATIONS



Course Instructor

Zachariah Campbell

Teaching Assistants

Diane Mangalindan
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Course Code

PSYB45H3

Course Email

psyb45@utsc.utoronto.ca

Lecture Details

Wednesday, 1-2 PM, AA 112
Friday, 1-3 PM, AA 112

Office Hour Details

Fridays from 3 to 5 PM in H302

Brief Description

The objective of this course is to comprehensively survey the principles underlying behavioural change in conjunction with coverage of various forms of treatment implementation, research considerations, ethical issues and historical contributions to this field.

Textbook

Miltenberger, R. G. (2008). *Behavior Modification: Principles and Procedures* (4th edition). Wadsworth.

Important Notes

- A. All course related inquiries are to be directed to the course email address: psyb45@utsc.utoronto.ca.
- B. Every enrolled student must ensure that they have access to the course materials and announcements via the U of T Portal (UTORid is required). All course related content will be posted here (e.g., lecture slides, important announcements, and grades). The only format that will be used for all posted documents is Adobe PDF. Free reading software is available at www.adobe.com.
- C. The lecture slides will be posted immediately after each lecture. To accommodate those students who wish to take notes during class, all slides will be clearly numbered ahead of time.
- D. The prerequisites for this course are PSYA01H & PSYA02H (Exclusion: PSY260H).
- E. If a lecture is cancelled because of an unforeseen circumstance (e.g., unexpected illness), students are still responsible for the material that was to be discussed that day (i.e., lecture slides and assigned readings).
- F. For all examinations, you MUST bring your U of T student ID cards. You are also encouraged to bring a pencil and eraser to allow for making answer changes to your scantron sheet.
- G. If you have a disability/health consideration that may require accommodations, please feel free to approach me and/or the AccessAbility Services Office as soon as possible. The UTSC AccessAbility Services staff (located in S302) are available by appointment to assess specific needs, provide referrals and arrange appropriate accommodations (416) 287-7560 or ability@utsc.utoronto.ca.
- H. If you miss the midterm examination, you must contact the teaching assistants via the course email within 24 hours. Only students with a valid, documented medical excuse or other personal documented excuse (of an extreme nature) will be given any consideration. For medical reasons, students must use the UTSC Medical certificate (a copy of the certificate may

be downloaded from www.uts.utoronto.ca/registrar - select the eService tab). This form can be obtained on the registrar's website. Please note that there will be only one make-up test which will be scheduled two weeks after the midterm. There will not be a second make-up test. If the make-up midterm is missed (and if permission is granted) the missed marks will be reassigned to a cumulative final exam. Matters concerning the final examination are dealt with solely by the Registrar's office.

- I. Lastly, please note that the University of Toronto treats academic integrity very seriously. To this end, the instructor and teaching assistants of PSYB45 fully endorse the University's [Code of Behaviour on Academic Matters \(1995\)](#).

Grading Scheme

Your grade will be determined by one midterm and one final examination.

Midterm Exam (50% of your final grade)

Administered outside of class in the middle of February (date & time TBA)
2 hours in length (100 multiple-choice questions)

Final Exam (50% of your final grade)

UTSC Final Examination Period (April 12 to May 1)
2 hours in length (100 multiple-choice questions – not cumulative)

Notes: If the make-up midterm is missed and you are granted permission to write a cumulative final exam, the duration of the exam will be 3 hours in length.

Important Session Dates

January 17	Last day to add S courses
February 15-19	Family day holiday & Reading week
March 21	Last day to drop S courses without academic penalty
April 6-11	Study break
April 12 to May 1	Final examination period

Lecture Dates & Readings

Note: These listings are approximations of when chapters will be covered. Due to varying chapter lengths and lecture schedules, there may be overlap at times.

January 6 & 8	CHAPTER 1 <i>Introduction</i> CHAPTER 2 <i>Observing and Recording Behaviour</i>
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January 13 & 15	CHAPTER 3 <i>Graphing Behaviour and Measuring Change</i> CHAPTER 4 <i>Reinforcement</i>
January 20 & 22	CHAPTER 5 <i>Extinction</i> CHAPTER 6 <i>Punishment</i>
January 27 & 29	CHAPTER 7 <i>Stimulus Control</i> CHAPTER 8 <i>Respondent Conditioning</i>
February 3 & 5	CHAPTER 9 <i>Shaping</i> CHAPTER 10 <i>Prompting and Transfer of Stimulus Control</i>
February 10 & 21	CHAPTER 11 <i>Chaining</i> CHAPTER 12 <i>Behavioural Skills Training Procedures</i>
February TBA	MIDTERM EXAMINATION (outside of class) <i>Covers Chapters 1 to 12</i>
February 15-19	FAMILY DAY HOLIDAY & READING WEEK
February 24 & 26	CHAPTER 13 <i>Understanding problem behaviours through Functional Assessment</i> CHAPTER 14 <i>Applying Extinction</i>
March 3 & 5	CHAPTER 15 <i>Differential Reinforcement</i> CHAPTER 16 <i>Antecedent Control Procedures</i>
March 10 & 12	CHAPTER 17 <i>Using Punishment: Time-Out and Response Cost</i> CHAPTER 18 <i>Positive Punishment Procedures</i>
March 17 & 19	CHAPTER 19 <i>Promoting Generalization</i> CHAPTER 20 <i>Self-Management</i>
March 24 & 26	CHAPTER 21 <i>Habit Reversal Procedures</i> CHAPTER 22 <i>The Token Economy</i>
March 31 & April 2	CHAPTER 23 <i>Behavioural Contracts</i> CHAPTER 24 <i>Fear and Anxiety Reduction Procedures</i> CHAPTER 25 <i>Cognitive Behavioural Modification</i>
April 12 – May 1	FINAL EXAMINATION PERIOD <i>Covers Chapters 13-25</i>