

Course Information Form  
Introduction to Psychology  
 PSYA01Y 1998-99

<u>Section</u>		<u>Time</u>	<u>Classroom</u>	<u>Instructors</u>	
				<u>Fall</u>	<u>Spring</u>
L01	MWF	9 am	H-216	Joordens	Joordens
L02	T	2-4 pm	S-309	Smith	Kennedy
	R	2-3 pm	H-216		
L30	T	7-10 pm	H-216	Bors	Bors

Coordinator: D.A. Bors

Office: S-633A

T.A.: T. Spalek

Office: S-567

Phone: TBA

Texts:

1. Psychology: The Science of Behavior by Carlson & Buskist
2. handouts and readings assigned by your instructor

Grading

1. There will be three 50-question multiple choice term tests during the academic year. Each test is worth 20 points. Performance on these tests will constitute 60% of the total grade in the course. The tentative dates for these tests will be announced in the first few weeks of the course. Each student is required to bring an HB pencil and their student ID card to all tests, including the final examination. Term tests may cover any material covered by the instructor or found in assigned chapters.

2. A final multiple choice examination (40 points) will be held at the close of the academic year. The final examination will be based primarily on the textbook (Psychology: Mind, Brain, & Culture). Performance on the final exam will constitute 40% of your final grade.

3. Volunteer participation as a subject in ongoing psychological research can earn a student up to 3 bonus points (i.e., beyond the 100 points from the exams). Details are provided on another page of this handout.

## IMPORTANT

If a change in lecture section is desired, it first should be attempted with the phone-in number at the Registrar's office. If a student NEEDS to change to a full lecture section, he or she must request a change from Dr. Bors -- not their course instructor. Most sections are full and fire regulations (room capacities) must be obeyed, thus section changes are difficult to arrange.

- The last day to change lecture sections is September 25, 1998.
- The last day to withdraw from the course, without academic penalty, is February 12, 1998.
- Any administrative problems concerning the term tests should be addressed to the TA during his office hours.

Make-up tests are not given without legitimate reasons. The student is required to present a medical certificate if a test is missed due to illness. The certificate must state that, in the physician's opinion, you are unable to write the exam, not just that you were examined. DO NOT phone your instructor or Dr. Bors concerning missed exams. Certificates are to be given to the invigilator at the time of the make-up. Make-up exams (for all sections) will be given at 5:00 pm on the tuesday of the week following the original date of the exam. If the make-up exam also is missed for legitimate reasons, a grade will be assigned based on the student's performance on the other three exams. Make-ups for the final exam are entirely in the hands of the college's registrar.

Note: The final exam, which will be scheduled by the registrar, will be held during the morning or afternoon hours for all sections (including L30).

## Information for PSYA01 Students Concerning Experimental Participation

Your final grade in PSYA01Y will be based on a total of 100 points. Sixty points will be derived from three term tests (20 points each). The remaining 40 points will come from the final exam. If you wish, you may participate as a subject in psychology experiments, getting up to an additional 3 bonus points for participating as a subject in a maximum of six experiments (1/2 hour each) over the year.

You will receive .5 bonus points if you participate in an experiment that takes 30 minutes or less, and you will receive 1 bonus points if you participate in an experiment that takes 30 - 60 minutes. As stated above, **three** is the maximum number of bonus points you can accumulate. Of course, you may take part in further experiments if you wish, for your own interest.

To participate in an experiment, PRINT your name (no initials or nicknames) and your lecture section clearly on one of the sign-up sheets found on the bulletin board outside room S-319. Because the sign-up sheets may be removed once they are full, record the time and place of the experiment. Once you have signed up for an experiment, be sure either to attend or to officially cancel the appointment at least one hour before the time of the experiment. If cancellation is necessary, it should be done by filling in your full name, your lecture section, and the name, date and time of the experiment you signed up for on the appropriate cancellation form in room S-521B -- do not cross your name off of the sign-up sheet. If you neglect to cancel officially, and do not attend the experiment, the penalty will be loss of eligibility for further participation in the bonus point system. Thus, once you enter your name on the sign-up sheet, you have an obligation to either attend the experiment or to officially cancel the appointment. Similarly, the experimenter has an obligation to be present. Once in a while, however, something unforeseen may prevent him or her from doing so. If this should occur, return at a later date to the room in which the experiment was to be run to collect your bonus slip.

**IMPORTANT NOTE:** Be sure to arrive five minutes early for the experiment because it likely will begin promptly at the time indicated; if you are not on time, you will probably not be included as a participant.

Following the end of the experiment, the experimenter will explain to you the purpose and results of the experiment. Due to the nature of some experiments, sometimes such information will not be available until the end of the term. In such cases the experimenter will tell you when and where the information will be made available to you (e.g., in the Life Sciences office). Because experiments can be ruined if later participants find out details of any kind from earlier participants, please do not talk about experiments with friends until the end of the term.

Be sure to obtain a credit slip from the experimenter at the end of the experiment as your record. (Even if you decide to withdraw during the experiment, you will receive credit for that session). During the last week of class, place your credit slips in an envelop with your name, student number, lecture section, and the total bonus points you have received on the outside and turn it in to your instructor. All credit slips should be in one envelop. Remember, you are responsible for your credit slips. **LATE CREDIT SLIPS WILL NOT BE ACCEPTED.**

Participation in experiments is sometimes fun and always a learning experience. While the bonus-point system operates until the last day of classes (April 9, 1998), realize that the experimenters may run out of experiments before the end of the term. To avoid missing opportunities to participate and earn bonus points, you may want to participate early in the term.

We hope you enjoy your research participation experience, and we appreciate your help very much.

### **REQUESTS FOR CHECKING MARKS AND GRADES**

1. Should you fail to find your student number or your score for a term-exam posted with your section's marks, please see the TA during his office hours.
2. If you wish to go over questions on a term-exam, make arrangements with your instructor.
3. Students who believe that an error may have occurred in the scoring of their final examination may request a rescoring through the Office of the Registrar. **DO NOT DIRECTLY CONTACT YOUR INSTRUCTOR OR DR. BORS.**
4. Students who believe that an error may have occurred in the calculation of their final grade may request a recalculation through the Office of the Registrar. **DO NOT DIRECTLY CONTACT YOUR INSTRUCTOR OR THE COORDINATOR.**
5. As described in the college calendar, there are differences between scores and grades. Although final grades are based on approved grade scales, your cumulative scores may not be directly identified with your final grade.
6. Final exam marks and final grades are **NOT** available from your instructor or the course coordinator. Please do not phone asking for your grades.
7. For more information concerning grading policies and practices, see the college calendar.

**PSYCHOLOGY AO1Y: SPRING 1999: SECTION L02: Tues 2-4, THURS 2-3:H-216**

Instructor: Prof. **John M. Kennedy**, Office: S-513; Tel:7435:kennedy@scar.utoronto.ca

Office hours: Mon 10--11 + extra hours before exams

Topics: Typically three or four lectures per topic: Student questions welcomed!

**1. Sensation and Perception:** Taking-in our environment: Are you sensitive? Do you have a handicap? Colour blindness? What happens with age? Are your relatives losing their hearing? What are your INTERNAL senses? Are there careers for "sensory instructors"? Yes! Ch 6&7

**2. Intelligence and Thinking:** The senses feed our comprehension: What results in differences in intelligence? How can we test our differences? What differences are often due to variation in factors in our environment? Intelligence at work is "thinking". Classifying and reasoning-- plus some secrets of good problem-solving! Ch 11 ( Good Buy: Sc Am special issue Fall 1998!)

**3. Language:** people who speaking good: Meaning and rules (semantics and syntax).The mystery of reading: Do you know someone who had trouble learning to read? How little children crack the language game. Are there careers aiding children with language? Yes! Ch 10

**4.Life-span development:** From before infancy to old age.... important , continuing themes reflected in each of us, physically, socially and ethically. Ch 12

**5.Evolution, heredity and behaviour:** These were reflected in perception, cognition and language throughout development. Now let's get some of the basic , abstract principles and mechanisms clear. Ch 3

**6. Motivation and emotion:** Most of us take a long ,long time to understand our motives and feelings, and just as long to learn how to express and communicate our emotions to others. We also learn remarkably slowly how to appreciate what others want , or enjoy, and how to accommodate them. Ch 13....lucky for some.

**7. Social psychology:** This has a lot to do with balancing our wishes with those of others. How to estimate the attitudes of others, how to work with others , how to check out the other person's roles....these are important in developing a group, and in being effective in the workplace. Ch 15

**8. Health etc:** A quickly paced check on lifestyle, and whether the level of stress is just right! Setting really effective goals, moving towards them, dealing with hurdles, and feeling well.Ch 16

Voluntary demonstrations will be arranged + Small group discussions on the results!

**2nd Term Exam: Covers Ch 4, 9, 5, 8 AND 6 : Date-- see website**

**3rd Term Exam: Covers Ch 7 & 11, 10, 12, 3 , 13: Date-- see website**

**PsyA01**  
**Steve's Section**  
**Proposed Time Table**

Please keep in mind that this is the first time I have taught this course and so I am not very sure at this point how much time I would like to spend on each topic. So consider the timetable somewhat "loose", and subject to modification throughout the term.

**Section 1**

Week 1	General Intro to Course	Ch. 1
Week 2	History of Psychology	Ch 1 & 2
Week 3	Conducting Psychological Research	Ch 2
Week 4	Behaviour & Genetics	Ch 3
Week 5	Biological Bases of Behaviour	Ch 4
Week 6	Human Malleability (i.e., Learning)	Ch 5
Week 7	Human Sensation (Focus on Vision)	Ch 6
Week 8	Human Perception (Focus on Vision)	Ch 7
	<b>Midterm #1</b>	<b>Chapters 1-7</b>

**Section 2**

Week 9	Information Processing	Ch 8
Week 10	Memory	Ch 8
Week 11	Consciousness – Perception and Memory	Ch 9
Week 12	States of Consciousness	Ch 9
Week 13	Language and its Acquisition	Ch 10
Week 14	Intelligence	Ch 11
Week 15	Human Development (Childhood)	Ch 12
Week 16	Human Development (Aging)	Ch 12
	<b>Midterm #2</b>	<b>Chapters 8-12</b>

**Section 3**

Week 17	Motivation	Ch 13
Week 18	Emotion	Ch 13
Week 19	Personality	Ch 14
Week 20	"Measuring" Personality	Ch 14
Week 21	Abnormal Behaviour	Ch 17
Week 22	Mental Disorders	Ch 17
Week 23	Treating Mental Disorders	Ch 18
Week 24	Attitudes and Prejudice	Ch 15
	<b>Midterm #3</b>	<b>Chapters 13, 14, 17, 18</b>

**Section 4**

Week 25	Interpersonal Behaviour	Ch 15
Week 26	Stress	Ch 16

**Final Exam on all material (Chapters 1-18)**

# PSYA01Y

## Introduction to Psychology Section L30 1998/1999

Instructor: Dr. D.A. Bors

### Tentative Syllabus

<u>Week</u>	<u>Topic</u>	<u>Chapter</u>
1	What is psychology?	1
2	History of psychology. Psychology as a science.	1 & 2
3	Research Methods in psychology.	2
4	Behaviour and genetics.	3
5	Biological basis of psychology.	4
6	Human malleability (learning)	5
7	Human sensation (focus on vision)	6
8	Perception (focus on vision)	7
9	Human information processing (attention)	8
10	Remembering and forgetting	8
11	States of consciousness	9
12	Language and its acquisition	10
13	Are Standardized test fair?	11
14	Theories of human intelligence	11
15	Human development (Childhood)	12
16	Human development (Adulthood)	12
17	Approaches to motivation.	13
18	Aggression and emotions.	13
19	Classical Theories of personality	14
20	Psychometric approaches to personality.	14
21	Abnormal behaviour. What is it?	17
22	Contemporary approaches to mental disorders.	17
23	Treatment of mental disorders	18
24	Attitudes and prejudice	15
25	Interpersonal behaviour	15
26	<i>Stress</i> .....	16

# SECTION L02

## (Fall Term, 1998-99)

### MEETINGS

Tues.2-4, Thurs. 2-3

Office Hours: Tues.10-12, Thurs. 3-4

### INSTRUCTOR

Prof. Marilyn Smith

Office: S531

Phone: 287-7409

e-mail:smith@scar.utoronto.ca

1. General Introduction to Psychology: Chapt. 1 & 2
2. Questions Psychologists Ask Chapt. 16

You, as students, have so many interesting and important questions to ask. Yet psychologists are asking questions such as "will depriving a very young rat of food affect his later behaviour?" Is this relevant to understanding the important issues in human behaviour? To answer this, we will look in some detail at the question, "Why does one's personality change when under stress?"

- a) Stress and affiliation
- b) Stress and learning
- c) One effect of stress on the body - "executive monkeys"
- d) Effect of profound isolation on personality
- e) Experimental neuroses
- f) Voodoo death
- g) Childhood stress and adult personality

3. Mental Disorders

Freud and Psychoanalytic theory, Chapt. 14, pp.463-471

Classification of mental disorders, Chapt. 17

Treatments of mental disorders, Chapt.18

4. Biology of Behaviour Chapt. 4 & 9

Underlying all behaviour is the functioning of the brain and nervous system. We will consider how behaviour is related to brain function.

5. Learning and Behaviour Chapt. 5

To adapt to the demands of a changing environment, organisms must be able to profit from past experiences. Two basic relationships are essential for successful adaptation: Prediction of a future environmental event on the basis of a prior event (classical conditioning) and prediction of the environmental consequences which follow from given responses on their part (operant conditioning). We will examine these two basic kinds of learning as building blocks for understanding how behaviour is brought under the control of stimuli, and how environmental stimuli can be controlled by behaviour.

6. Memory and Human Cognition Chapt. 8

The study of memory involves the question of how knowledge is stored, retained and retrieved. We will examine procedures used to investigate the cognitive organization of information.



**Material from text to be covered on 1st term exam**

<u>Topic</u>	<u>Text Chapter</u>
The Science of Psychology	1
Ways and Means of Psychology	2
Personality	14, pp.463-471
Life-style, Stress, and Health	16
The Nature and Causes of Mental Disorders	17
The Treatment of Mental Disorders	18

**Material from text to be covered on 2nd term exam**

Biology of Behavior	4
Learning and Behaviour	5
Memory	8
Consciousness	9