

PSYA01Y
Introduction to Psychology
1997-1998

Section L30

Instructor: Dr. Douglas A. Bors
Office: S633A
Phone: 287-7468
Office Hours: Tuesday 4:00 - 6:30 pm, And by Appointment

Tentative Syllabus

<u>Week#</u>	<u>Topic</u>	<u>Textbook Chapter</u>
1	Overview & History	1
2	Psychology as a Science	2
3	Introduction to Statistics	2
4	Genetics and Behavior	3
5	Biological Basis of Behavior	4
6	Learning	5
7	Cognition and Learning	5
8	Sensation and the Senses	6
9	Perception & Experience	7
10	Information Processing Models	8
11	Memory: Special topics	8
12	Consciousness & Sleep	9
13	Language	10
14	Intelligence: Theories and testing	11
15	Thinking & Problem Solving	11
16	Human Development	12
17	Aging	12
18	Motivation: Sex and Food	13
19	Emotions	13
20	Personality: Theories & Testing	14
21	Social Psychology: Attitudes	15
22	Social Psychology: Groups	15
23	Health Psychology	16
24	Abnormal Psychology	17
25	Causes of Mental Disorders	17
26	Treatment of Mental Disorders	18

SECTION L02

(Fall Term, 1997-98)

MEETINGS

Tues.2-4, Thurs. 2-3

Room H216

Office Hours: Tues.10-12, Thurs. 3-4

INSTRUCTOR

Prof. Marilyn Smith

Office: S531

Phone: 287-7409

e-mail:smith@scar.utoronto.ca

1. General Introduction to Psychology: Chapt. 1 & 2
2. Questions Psychologists Ask Chapt. 16

You, as students, have so many interesting and important questions to ask. Yet psychologists are asking questions such as "will depriving a very young rat of food affect his later behaviour?" Is this relevant to understanding the important issues in human behaviour? To answer this, we will look in some detail at the question, "Why does one's personality change when under stress?"

- a) Stress and affiliation
- b) Stress and learning
- c) One effect of stress on the body - "executive monkeys"
- d) Effect of profound isolation on personality
- e) Experimental neuroses
- f) Voodoo death
- g) Childhood stress and adult personality

3. Mental Disorders

Freud and Psychoanalytic theory, Chapt. 14, pp.463-471

Classification of mental disorders, Chapt. 17

Treatments of mental disorders, Chapt.18

4. Biology of Behaviour Chapt. 4 & 9

Underlying all behaviour is the functioning of the brain and nervous system. We will consider how behaviour is related to brain function.

5. Learning and Behaviour Chapt. 5

To adapt to the demands of a changing environment, organisms must be able to profit from past experiences. Two basic relationships are essential for successful adaptation: Prediction of a future environmental event on the basis of a prior event (classical conditioning) and prediction of the environmental consequences which follow from given responses on their part (operant conditioning). We will examine these two basic kinds of learning as building blocks for understanding how behaviour is brought under the control of stimuli, and how environmental stimuli can be controlled by behaviour.

6. Memory and Human Cognition Chapt. 8

The study of memory involves the question of how knowledge is stored, retained and retrieved. We will examine procedures used to investigate the cognitive organization of information.

Material from text to be covered on 1st term exam
(Tentative date: Tuesday, Oct.28)

<u>Topic</u>	<u>Text Chapter</u>
The Science of Psychology	1
Ways and Means of Psychology	2
Biology of Behavior	4
Personality	14, pp.463-471
Life-style, Stress, and Health	16
The Nature and Causes of Mental Disorders	17
The Treatment of Mental Disorders	18

Material from text to be covered on 2nd term exam
(Tentative date: Tuesday, January 20)

Consciousness	9
Learning and Behaviour	5
Memory	8

Material from text to be covered on 1st term exam
(Tentative date: Tuesday, Oct.28)

<u>Topic</u>	<u>Text Chapter</u>
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Material from text to be covered on 2nd term exam
(Tentative date: Tuesday, January 20)

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Learning and Behaviour	5
Memory	8

PSYCHOLOGY AO1Y: SPRING 1998: SECTION L02: Tues 2-4, THURS 2-3:H-216

Instructor: Prof. **John M. Kennedy**, Office: S-513; Tel:7435:kennedy@lake.scar.utoronto.ca

Office hours: Mon 9.30--10.30 + extra hours before exams

Topics: Typically three or four lectures per topic: Student questions welcomed!

[Jan 6th: Prof. **M. Smith**]

1. Sensation and Perception: Taking-in our environment: Are you sensitive? Do you have a handicap? Colour blindness? What happens with age? Are your relatives losing their hearing? What are your INTERNAL senses? Are there careers for "sensory instructors"? Yes! Ch 6&7

2. Intelligence and Thinking: The senses feed our comprehension: What results in differences in intelligence? How can we test our differences? What differences are often due to variation in factors in our environment? Intelligence at work is "thinking". Classifying and reasoning-- plus some secrets of good problem-solving! Ch 11

3. Language: people who speaking good: Meaning and rules (semantics and syntax).The mystery of reading: Do you know someone who had trouble learning to read? How little children crack the language game. Are there careers aiding children with language? Yes! Ch 10

4.Life-span development: From before infancy to old age.... important , continuing themes reflected in each of us, physically, socially and ethically. Ch 12

5.Evolution, heredity and behaviour: These were reflected in perception, cognition and language throughout development. Now let's get some of the basic , abstract principles and mechanisms clear. Ch 3

6. Motivation and emotion: Most of us take a long ,long time to understand our motives and feelings, and just as long to learn how to express and communicate our emotions to others. We also learn remarkably slowly how to appreciate what others want , or enjoy, and how to accommodate them. Ch 13....lucky for some.

7. Social psychology: This has a lot to do with balancing our wishes with those of others. How to estimate the attitudes of others, how to work with others , how to check out the other person's roles....these are important in developing a group, and in being effective in the workplace. Ch 15

8. Health etc: A quickly paced check on lifestyle, and whether the level of stress is just right! Setting really effective goals, moving towards them, dealing with hurdles, and feeling well.Ch 16

Voluntary demonstrations will be arranged + Small group discussions on the results!

2nd Term Exam: Covers Ch 4, 9, 5, 8 AND 6 : Date-- Wed 21st Jan: 5-7pm

3rd Term Exam: Covers Ch 7 & 11, 10, 12, 3 , 13: Date-- Wed 25th Mar

Course Information Form Introduction to Psychology

PSYA01Y 1997-1998

<u>Section</u>	<u>Day</u>	<u>Time</u>	<u>Room</u>	<u>Instructor</u>	
				<u>Fall</u>	<u>Winter</u>
L01	MWF	9 am	R-216	Portal	Foley
L02	T	2-4 pm	R-216	Smith	Kennedy
	R	2-3 pm	R-216		
L30	T	7-10 pm	R-216	Bors	Bors

Coordinator: **Dr. D.A. Bors**
Office: S-633A
Phone #: 287-7468

T.A: **Tom Spalek**
Office: S-567
Office Hours: TBA

Text: 1. *Psychology: The Science of Behavior* by Carlson and Buskist
2. Handouts and readings assigned by your instructor

Grading

There will be three multiple choice term tests during the academic year. The tests, which will be one hour in length, will be comprised of 50 multiple choice questions and each will be worth 20 points toward your final grade in the course. These exams will take place approximately every eight academic weeks. ***IMPORTANT NOTE: Although they are likely to take place between 5:00 and 7:00 pm on a Monday, a Tuesday, a Wednesday, or a Thursday, these tests may be scheduled for a Friday evening or a Saturday.*** The exact time and location for these test will be announced in class as soon as the arrangements are finalized. Term test may cover any material covered by your instructor or found in the assigned chapters. Each student is required to bring his or her student ID card to all tests, including the final exam.

A three-hour final exam, worth 40 points toward your final grade, comprised of 150 multiple choice question will be held at the close of the academic year. One hundred and thirty of the questions are common to all sections of the course and will be based solely on the textbook material. Twenty of the questions are specific to your section and will be based on the material that your instructor will covered subsequent to the third term test.

Volunteer participation as a subject in ongoing psychological research can earn a student up to 3 bonus points (above and beyond the 100 points derived from the three term tests and the final exam). Details concerning these bonus points can be found in and other handout *Information for PSYA01 Students Concerning Experimental Participation*.

Changing Sections

If a change in lecture section is desired, it first should be attempted with the phone-in number at the registrar's Office. If a student **NEEDS** to change to a full lecture section, he or she may request a change from Dr. Bors — **NOT** your course instructor. This will only be possible at the end of the first week or during the second week of classes. Most sections are full and fire regulations (room capacities) must be obeyed, thus section changes is extremely difficult to arrange. *The sections are different*, it is impossible to attend the lectures for one section and write the term exams for another.

REMEMBER

1. **The last day to change lecture sections is September 19th 1997.**
2. **The last day to withdraw from the course without academic penalty is February 13th, 1998.**
3. **Any administrative problems concerning the term tests should be addressed to the TA during his office hours.**

Make-ups

Make-up test are never given without legitimate reason. The student is required to present a medical certificate if a test is missed due to illness. (A death in the immediately family is usually considered the only other legitimate excuse.) The certificate must state that, *in the physician's opinion, you are unable to write the test*, not just that you were examined for a complaint. **Do NOT phone your instructor or Dr. Bors concerning missed exams.** Certificates are to be given to the invigilator at the time of the make-up. Make-up term exams will be given (for all sections) at **5:00 pm on the Tuesday of the week following the original date** of the exam. On the day of the make-up, the location of the test will be posted on the office door (S-633A) of Dr. Bors. If the make-up is also missed for legitimate reasons, a grade will be assigned based on the student's performance on the other three exams. Make-ups for the final exam are entirely the responsibility of the College's Subcommittee on Standing.

Note: the final exam, which will be scheduled by the registrar, will be held during the morning or afternoon hour *for all sections*, including L30.

**University of Toronto at Scarborough
Introduction to Psychology - PSYA01Y
Second Term, Spring 1998**

Monday, Wednesday, and Friday, 9-10 a.m., in H-216

Instructor: Andrew Portal

Office Hours: Monday, Wednesday, 10-11 a.m., in S559, 287-7548

Week	Date	Topic	Text Chapters
1	Jan. 5	Sleep, Language	9, 10
2	Jan. 12	Language	10
3	Jan. 19	Intelligence, Thinking, and Problem Solving	11
Exam	Wednesday	January 21 5 - 7 covering chapters	6 - 10 inclusive.
4	Jan. 26	Intelligence, Thinking, and Problem Solving	11
5	Feb. 2	Developmental Psychology	12
6	Feb. 9	Developmental Psychology	12
	Feb. 16	Reading Week	
7	Feb. 23	Motivation	13
8	Mar. 2	Personality	14
9	Mar. 9	Personality	14
10	Mar. 16	Social Psychology	15
11	Mar. 23	Social Psychology	15
Exam	Wednesday	March 25 5 - 7	
12	Mar. 30	Abnormal Psychology	17, 18
13	Apr. 6	Abnormal Psychology	17, 18