

Health & Wellness Centre

An Overview of Services for New Faculty

Presented by: Tracey Beech-Gauthier, Manager, HWC



Who we are

- Assistant Dean
- Manager
- Front Desk Staff x 4 (ft/pt)
- Business Officer
- Counsellors x 10
- MH Case Coordinator
- Doctors x4 – Psychiatrists x2
- Nurses x4, including Mental Health Nurse
- Health Promotion- Nurse/HP Assistant
- Wellness Peer Program, H&WC Ambassadors and Volunteers
- Counselling Interns & Nursing Students



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**HEALTH &
WELLNESS
CENTRE**

Health & Wellness Centre

Vision Statement

Resilient Students. Healthy campus.

Mission Statement

The HWC provides interprofessional health and counselling services in a safe, accessible and culturally responsive environment to optimize the students' personal, academic and overall wellbeing. We strive to enhance services to students through collaborative partnerships on campus and in our community.



What we do



Health Services



Counselling
Supports & Services



Health Promotion

INTERPROFESSIONAL HEALTHCARE TEAM



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What we do



Privacy and Confidentiality

FIPPA

Freedom of Information and Protection of Privacy Act

“What I need to know to do my job”

- ❖ We can receive student information but may not be able to disclose what we do with that information

CONFIDENTIAL



PHIPA

Personal Health Information Protection Act

- “Higher standard of disclosure usually requiring express consent”

Facts about the Health & Wellness Centre

Health & Wellness Centre
Student Centre: SL 270



Hours Of Operation

Mondays and Fridays

- 9am – 4:45pm

Tuesday

- 10:00am-4.45pm

Wednesdays & Thursdays

- 9am-7:45pm



Embedded Counselling Locations

NEW! Centre for Health Studies

English

AccessAbility

Psychology

Environmental Science Grad program

Existing embedded locations:

Residence

Sociology

Arts, Culture & Media

Management

Arts & Science

Sexual Violence & Prevention Centre

How To Help Someone

Recognize

Changes in:

- Academics
- Physical appearance
- Behaviour
- Mood
- They share information that is concerning

Respond

- Acknowledge/thank them for sharing
- Let them know you are concerned and engage them



Refer

- Health & Wellness Centre
 - Call us
 - Walk student over
- Safety concerns: campus police
- *AccessAbility*/Academic Advising & Career Counselling
- Other resources to recommend:
 - Good2talk
 - More feet on the ground

Resources

- Health & Wellness Centre - **416-287-7065**
- Good2talk.ca - **1-866-925-5454**
- morefeetontheground.ca
 - For education on recognizing, responding and referring students
 - A list of resources across UofT to refer students to for support
 - Certificate of participation for online education



Thank you 😊

Questions????