

AccessAbility Services

StartUp Schedule

Live Online Sessions
Aug 16th - 20th, 2021

AccessAbility Services Start Up Schedule

Day 1 Monday, August 16th

- **Morning 10:00am-12:00pm** Welcome, Icebreaker, Overview and Instructions for the program, Quercus Information
- **12:00am – 1:00pm** Lunch Break
- **Afternoon 1:00pm – 3:00pm** Strength-Based Resiliency, Strength Assessment, Wrap Up

Day 2 Tuesday, August 17th

- **Morning 10:00am – 11:30am** Icebreaker, AccessAbility Services Overview, Navigating the Move to University, Accommodations 101
- **11:30am – 1:00pm** Lunch Break
- **1:00pm – 3:00pm** Time Management and Assistive Technology, Wrap Up

Day 3 Wednesday, August 18th

- **10:00am – 12:00pm Icebreaker, Study Skills, Note Taking**
- **12:00pm – 1:00pm Lunch Break**
- **1:00pm – 3:00pm Peer Panel** with upper year students and alumni, **Wrap Up**
- **5:00pm – 6:30pm Online Student Social** open to all students registered with AccessAbility Services
- **6:00pm – 7:30pm Parent/Caregiver Session** for information and to register, please visit our event page website www.uoft.me/StartUp or fill in the [online parent/caregiver registration form](#)

Day 4 Thursday, August 19th

- **Morning 10:00am – 12:00am Icebreaker, Reading Academic Text Strategies**
- **12:00pm – 1:00pm Lunch Break**
- **1:00pm – 3:00pm Top 10 Transition Tips, Thriving in University, Wrap Up**

Day 5 Friday, August 20th

- **Morning 10:00am – 1:00am Well-being activity, Community Connect, Wrap Up**

All events hosted in [MS Teams](#), available for free to all students. Invitations to sessions will be sent via UToronto Email.